



SEPTEMBER 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>ASSISTED LIVING</p>	 <p>THE KEY LOCATIONS ACTIVITY ROOM (AR) LIVING ROOM (LR) DINING ROOM (DR) COURTYARD (CY)</p>		<p>1 CURRENT EVENTS w/ Ken at 10:15am (AR) EXERCISE w/ Ines at 11am (LR) BINGO w/ Ines at 2pm (AR) RESIDENT STORE (2nd FL) <i>From 3:00pm -3:30pm</i> MOVIE NIGHT (LR) at 7pm</p>	<p>2 NATURE VIDEO: <i>David Attenborough - A Life on Our Planet</i> at 10:15am (AR) EXERCISE w/EV at 11am (LR) GIANT SCRAMBLE at 2pm (LR) ARTS & CRAFTS: <i>Picture frame craft</i> w/ Jenny at 3:15pm (AR) MOVIE NIGHT (LR) at 7pm</p>	<p>3 MUSIC APPRECIATION at 10:15am (AR) EXERCISE w/Jenny at 11am (AR) LIBRARY OUTING at 1:30pm (<i>Sign Up</i>) SHORT WALK at 2pm (Sign Up) SHABBAT at 3:00pm (AR) MOVIE NIGHT at 7pm (LR)</p>	<p>4 WATERCOLORS at 10:15am (LR) EXERCISE at 11am (LR) SING ALONG at 2pm (AR) MATINEE MOVIE at 3pm (LR) MOVIE NIGHT at 7pm (LR)</p>
<p>5 HISTORY VIDEO: <i>Greatest Events of WWII</i> at 10:15am (AR) EXERCISE at 11:00am (LR) SCENIC DRIVE: <i>Coyote Point</i> at 2:00pm (Sign Up.) MATINEE MOVIE at 2pm (LR) MOVIE NIGHT at 7pm (LR)</p>	<p>6 LABOR DAY LABOR DAY APPRECIATION 10:15am (AR) EXERCISE w/EV at 11am (LR) CONCERT w/ <i>Lee Allen</i> at 2pm (LR) ROSH HASHANAH at 3:15pm (AR) MOVIE NIGHT at 7:00pm (LR) Trivia Dinner Tonight! Federal Holiday — No Mail Delivery</p>	<p>7 RELAXATION COLORING at 10:15am (AR) EXERCISE w/ Jenny at 11am (LR) POETRY READING w/ Jenny at 2pm (AR) PAINTING w/ Jenny at 3:15pm (AR)</p>	<p>8 CURRENT EVENTS w/ Ken at 10:15am (AR) EXERCISE w/ Ines at 11am (LR) HORTICULTURE w/ John at 2pm (CY) RESIDENT STORE (2nd FL) <i>From 3:00pm -3:30pm</i> MOVIE NIGHT (LR) at 7pm Happy Birthday Masako T.!</p>	<p>9 NATURE VIDEO: <i>Dancing with the Birds</i> 10:15am (AR) EXERCISE w/EV (LR) at 11am PICNIC IN THE PARK: <i>Mitchell's Park</i> @12pm (Sign Up) COOKING DEMO w/ Veronica at 2:30pm (Courtyard) MOVIE NIGHT (LR) at 7pm</p>	<p>10 MUSIC APPRECIATION at 10:15am (AR) EXERCISE w/Jenny at 11am (LR) HAPPY HOUR 3:00pm—4:00pm MOVIE NIGHT (LR) at 7pm</p>	<p>11 YOSEMITE VIDEO: <i>A Gathering of Spirit</i> at 10:15am (LR) EXERCISE at 11am (LR) TV Series: <i>The Crown</i> at 2:00pm MOVIE NIGHT at 7pm (LR)</p>
<p>12 HISTORY VIDEO: <i>Greatest Events of WWII</i> at 10:15am (AR) EXERCISE at 11am (LR) GRANDPARENT'S DAY SOCIAL at 2:00pm (LR) MATINEE MOVIE at 3pm (LR) MOVIE NIGHT at 7pm (LR) Happy Birthday Shirley Z.!</p>	<p>13 BRAIN FITNESS: <i>Crossword Puzzles</i> at 10:15am (AR) EXERCISE w/EV at 11am (LR) GRANDPARENT'S DAY CONCERT w/ <i>Ian Scarfe</i> at 2pm (AR) ART APPRECIATION at 3:15pm (AR) MOVIE NIGHT at 7:00pm (LR) Deadline: Hayward Japanese Garden</p>	<p>14 RELAXATION COLORING at 10:15am (AR) EXERCISE w/ Jenny at 11am (LR) LUNCH OUTING: <i>Dinah's Poolside</i> at 12pm (Sign Up. Limit 8 Residents) GARDENING w/ Jenny at 3:15pm (AR)</p>	<p>15 CURRENT EVENTS w/ KEN at 10:15am (AR) EXERCISE w/ Ines at 11am (LR) BINGO w/ Ines at 2pm (LR) RESIDENT STORE (2nd FL) <i>From 3:00pm -3:30pm</i> MOVIE NIGHT at 7pm (LR)</p>	<p>16 HAYWARD JAPANESE GARDEN at 10:00am– 1:00pm (<i>Sign Up. Limit 8 Residents</i>) EXERCISE w/EV (LR) at 11am NATURE PHOTOGRAPHY TALK w/ Joan Sparks :<i>Raptors</i> at 2pm (AR) MOVIE NIGHT (LR) at 7pm</p>	<p>17 MUSIC APPRECIATION at 10:15am (AR) EXERCISE w/Jenny at 11am (LR) CARDS BINGO w/ Jenny at 2pm (LR) JEOPARDY w/ Jenny at 3:00pm (AR) MOVIE NIGHT (LR) at 7pm</p>	<p>18 WATERCOLORS at 10:15am (LR) EXERCISE at 11am (LR) SING ALONG at 2pm (LR) MOVIE NIGHT at 7pm (LR)</p>
<p>19 HISTORY VIDEO: <i>Greatest Events of WWII</i> at 10:15am (AR) EXERCISE at 11am (LR) MATINEE MOVIE at 2pm (LR) FIELD TRIP OUTING: <i>The Foster Museum</i> at 2pm (<i>Sign Up. Limit 6</i>) MOVIE NIGHT at 7pm (LR)</p>	<p>20 BRAIN FITNESS: <i>Scattogories</i> at 10:15am (AR) EXERCISE w/EV at 11am (LR) MENU MEETING at 2:30pm (DR) BAKING GROUP at 3:30pm (AR) MOVIE NIGHT at 7:00pm (LR) Trivia Dinner Tonight!</p>	<p>21 RELAXATION COLORING at 10:15am (AR) EXERCISE w/ Jenny at 11am (LR) MID-AUTUMN FESTIVAL PRESENTATION w/ Jenny at 2pm (AR) ARTS & CRAFTS: <i>Autumn Crafts</i> w/ Jenny at 3pm (AR)</p>	<p>22 CURRENT EVENTS w/ KEN at 10:15am (AR) EXERCISE w/ Ines at 11am (LR) SHORT WALK w/ Ines at 2pm (<i>Sign Up</i>) RESIDENT STORE (2nd FL) <i>From 3:00pm -3:30pm</i> MOVIE NIGHT at 7pm (LR)</p>	<p>23 NATURE VIDEO: <i>Untamed Romania</i> (AR) at 10:15am EXERCISE w/EV (LR) at 11am SEPTEMBER'S BIRTHDAY CONCERT w/ <i>Robert & Suzanne</i> at 2pm (LR) RESIDENT'S MEETING 3:15pm (AR) MOVIE NIGHT (LR) at 7pm</p>	<p>24 MUSIC APPRECIATION at 10:15am (AR) EXERCISE w/Jenny at 11am (LR) HAPPY HOUR 3:00pm—4:00pm MOVIE NIGHT at 7pm (LR)</p>	<p>25 PAC FAMILY FEUD at 10:15am (AR) EXERCISE at 11am (LR) TV Series: <i>The Crown</i> at 2pm (LR) MOVIE NIGHT at 7pm (LR)</p>
<p>26 HISTORY VIDEO: <i>Greatest Events of WWII</i> at 10:15am (AR) EXERCISE at 11am (LR) MATINEE MOVIE at 2pm (LR) DRUGSTORE OUTING: <i>Walgreens</i> at 2pm (Sign Up) MOVIE NIGHT at 7pm (LR)</p>	<p>27 FLU VACCINATION (HR) from 10am -11am BRAIN FITNESS: <i>Word Mining</i> at 10:15am (AR) EXERCISE w/EV at 11am (LR) CONCERT w/ <i>Ian Scarfe</i> at 2pm (LR) ART APPRECIATION at 3:15pm (AR) MOVIE NIGHT at 7:00pm (LR)</p>	<p>28 RELAXATION COLORING at 10:15am (AR) EXERCISE w/ Jenny at 11am (LR) TRAVEL DOCUMENTARY: <i>Street Food of Asia</i> at 2pm (AR) ARTS & CRAFTS: <i>Stained Glass Window Art</i> at 3pm (AR)</p>	<p>29 CURRENT EVENTS w/ KEN at 10:15am (AR) EXERCISE w/ Ines at 11am (LR) BINGO w/ Ines at 2:00pm (AR) RESIDENT STORE (2nd FL) <i>From 3:00pm -3:30pm</i> MOVIE NIGHT at 7pm (LR)</p>	<p>30 NATURE VIDEO: <i>Untamed Romania</i> (AR) at 10:15am EXERCISE w/ EV at 11am (LR) MEN'S LUNCH at 12pm (AR) FLOWER ARRANGING at 3:00pm (DR) MOVIE NIGHT at 7pm (LR)</p>		