

OCTOBER 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>ASSISTED LIVING</p>					<p>1 MUSIC APPRECIATION at 10am (AR) EXERCISE at 11am (AR) LIBRARY OUTING at 1:30pm (<i>Sign Up</i>) CARD BINGO at 2pm (AR) SHABBAT at 3pm (AR) MOVIE NIGHT at 7pm (LR)</p>	<p>2 WATERCOLORS at 10:15am (AR) EXERCISE at 11am (LR) SING ALONG at 2pm (AR) MATINEE MOVIE at 3pm (LR) MOVIE NIGHT at 7pm (LR)</p>
<p>3 FIELD TRIP OUTING: Hayward Japanese Garden at 10am—1pm (<i>Sign Up. Limit 8 Residents</i>) <u>EXERCISE at 2pm</u> MATINEE MOVIE at 3pm (LR) MOVIE NIGHT at 7pm (LR)</p>	<p>4 BRAIN FITNESS: <i>Crossword Puzzle</i> at 10am (AR) EXERCISE w/EV at 11am (LR) HORTICULTURE w/ John at 2pm (CY) ART APPRECIATION at 3:15pm (AR) MOVIE NIGHT at 7:00pm (LR) HAPPY BIRTHDAY PAULINE P.!</p>	<p>5 CREATIVE SELF EXPRESSION w/ Jorel at 10am (AR) EXERCISE w/ Ines at 11am (LR) DRUGSTORE OUTING: <i>CVS</i> at 1:30pm (<i>Sign Up</i>) BIRTHDAY CONCERT w/ <i>Lee Allen</i> at 2pm (LR) RESIDENT'S MEETING at 3:15pm (DR)</p>	<p>6 CURRENT EVENTS w/ Ken at 10:15am (AR) EXERCISE at 11am (LR) HEALTH & RELAXATION w/ Lu at 2pm (AR) RESIDENT STORE (2nd FL) <i>From 3:00pm –3:30pm</i> MOVIE NIGHT (LR) at 7pm</p>	<p>7 NATURE VIDEO: <i>Night on Earth</i> at 10am (AR) EXERCISE w/EV (LR) at 11am MEN'S LUNCH at 12pm (AR) CONCERT w/ E.J Dieterle at 2pm (LR) SPANISH FOR BEGINNERS at 3:15pm (AR) MOVIE NIGHT (LR) at 7pm</p>	<p>8 MUSIC APPRECIATION at 10am (AR) EXERCISE at 11am (LR) BLACKJACK at 2pm (AR) JEOPARDY at 3pm (AR) MOVIE NIGHT (LR) at 7pm</p>	<p>9 MUSICAL BALL at 10:15am (AR) EXERCISE at 11am (LR) CONCERT with Side by Side at 2pm (LR) MATINEE MOVIE at 3pm (LR) MOVIE NIGHT at 7pm (LR)</p>
<p>10 HISTORY VIDEO: <i>Greatest Events of WWII</i> at 10:15am (AR) EXERCISE at 11am (LR) MATINEE MOVIE at 2pm (LR) MOVIE NIGHT at 7pm (LR)</p>	<p>11 BRAIN FITNESS: <i>A-Z Game</i> at 10am (AR) EXERCISE w/EV at 11am (LR) ARTS & CRAFTS: <i>Pumpkin Painting</i> at 2pm (AR) ART APPRECIATION at 3pm (AR) MOVIE NIGHT at 7:00pm (LR) TRIVIA DINNER NIGHT!</p>	<p>12 CREATIVE SELF EXPRESSION w/ Jorel at 10am (AR) EXERCISE w/ Ines at 11am (LR) LUNCH OUTING: <i>Green Elephant Gourmet</i> at 12pm (<i>Sign Up. Limit 8 Residents</i>) CARD GAMES: <i>Game of 9</i> at 2pm (LR) BINGO at 3:15pm (AR)</p>	<p>13 CURRENT EVENTS w/ Ken at 10:15am (AR) EXERCISE at 11am (LR) HEALTH & RELAXATION w/ Lu at 2pm (AR) RESIDENT STORE (2nd FL) <i>From 3:00pm –3:30pm</i></p>	<p>14 NATURE VIDEO: <i>Night on Earth</i> at 10am (AR) EXERCISE w/EV (LR) at 11am CRAZY GIANT 8's at 2pm (LR) ARTS & CRAFTS: <i>Halloween Canvas Painting</i> at 3:15pm (AR) MOVIE NIGHT (LR) at 7pm</p>	<p>15 MUSIC APPRECIATION at 10am (AR) EXERCISE at 11am (LR) CONCERT with <i>Joseph Wilkes</i> at 1:45pm (LR) OKTOBERFEST HAPPY HOUR 3:00pm—4:00pm</p>	<p>16 WATERCOLORS at 10:15am (AR) EXERCISE at 11am (LR) SING ALONG at 2pm (AR) MATINEE MOVIE at 3pm (LR) MOVIE NIGHT at 7pm (LR)</p>
<p>17 HISTORY VIDEO: <i>Greatest Events of WWII</i> at 10:15am (AR) EXERCISE at 11am (LR) MATINEE MOVIE at 2pm (LR) SCENIC DRIVE: <i>Woodside</i> at 2pm (<i>Sign Up. Meet in Lobby</i>) MOVIE NIGHT at 7pm (LR)</p>	<p>18 BRAIN FITNESS: <i>Scattogories</i> at 10am EXERCISE w/EV at 11am (LR) CONCERT w/ Ian Scarfe at 2pm (LR) MENU MEETING w/ Colin at 3:15pm (DR) MOVIE NIGHT at 7pm (LR) HAPPY BIRTHDAY ILSE L.!</p>	<p>19 CREATIVE SELF EXPRESSION w/ Jorel at 10am (AR) EXERCISE w/ Ines at 11am (LR) NATURE PHOTOGRAPHY TALKS w/ Joan Sparks at 2pm (AR) BINGO at 3:15pm (AR)</p>	<p>20 CURRENT EVENTS w/ KEN at 10:15am (AR) EXERCISE w/ Ines at 11am (LR) HEALTH & RELAXATION w/ Lu at 2pm (AR) RESIDENT STORE (2nd FL) <i>From 3:00pm –3:30pm</i> MOVIE NIGHT at 7pm (LR)</p>	<p>21 NATURE VIDEO: <i>Night on Earth</i> at 10am (AR) EXERCISE w/EV (LR) at 11am GIANT TRIOMINOES at 2pm (LR) ARTS & CRAFTS: <i>Halloween Popsicle Sticks</i> at 3:15pm (AR) MOVIE NIGHT (LR) at 7pm HAPPY BIRTHDAY HOWARD S.!</p>	<p>22 MUSIC APPRECIATION at 10am (AR) EXERCISE at 11am (LR) PICTIONARY at 2pm (AR) BLACKJACK at 3pm (AR) MOVIE NIGHT at 7pm (LR)</p>	<p>23 MUSICAL BALL at 10:15am (AR) EXERCISE at 11am (LR) MATINEE MOVIE at 2pm (LR) DRUGSTORE OUTING: <i>Walgreens</i> at 3pm (<i>Sign Up</i>) MOVIE NIGHT at 7pm (LR)</p>
<p>24/31 HALLOWEEN HISTORY VIDEO: <i>Greatest Events of WWII</i> at 10:15am (AR) EXERCISE at 11am (LR) MATINEE MOVIE at 2pm (LR) SCENIC DRIVE: <i>Lake Elizabeth (Freemont)</i> at 2pm. (24th) HALLOWEEN MAGIC SHOW @3:30pm (31st) MOVIE NIGHT at 7pm (LR)</p>	<p>25 BRAIN FITNESS: <i>Word Mining</i> at 10am (AR) EXERCISE w/EV at 11am (LR) CONCERT w/ Mads Tolling at 2pm (AR) ART APPRECIATION at 3pm (AR) MOVIE NIGHT at 7pm (LR) TRIVIA DINNER NIGHT!</p>	<p>26 CREATIVE SELF EXPRESSION w/ Jorel at 10am (AR) EXERCISE w/ Ines at 11am (LR) BAKING GROUP: <i>Spiderweb Brownies</i> at 2pm (AR) BINGO at 3:15pm (AR)</p>	<p>27 CURRENT EVENTS w/ KEN at 10:15am (AR) EXERCISE at 11am (LR) HEALTH & RELAXATION w/ Lu at 2pm (AR) RESIDENT STORE (2nd FL) <i>From 3:00pm –3:30pm</i> MOVIE NIGHT at 7pm (LR)</p>	<p>28 NATURE VIDEO: <i>Night on Earth</i> at 10am (AR) EXERCISE w/ EV at 11am (LR) COOKING DEMO w/ Colin at 2pm (CY) SHORT WALK at 3pm (<i>Sign Up</i>) MOVIE NIGHT at 7pm (LR)</p>	<p>29 10:30 AM STAFF & RESIDENT HALLOWEEN COSTUME CONTEST! From 3:00pm to 4:00pm HAPPY HOUR! HALLOWEEN MOVIE at 7pm</p> 	<p>30 WATERCOLORS at 10:15am (AR) EXERCISE at 11am (LR) SING ALONG at 2pm (AR) MATINEE MOVIE at 3pm (LR) HALLOWEEN MOVIE at 7pm (LR)</p>