

OCTOBER 2021— ASPEN CLUB

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p>OCTOBER 29 Oktoberfest Concert w/ Music Mike Zampiceni @ 2:15pm</p> <p>OCTOBER 31 Halloween Party @ 1:15pm</p>		<p>OCTOBER 29 Oktoberfest Party @ 1pm</p> 	<p>1 6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll & Gardening 10:20 Alzheimer's Association Memories in the Making Painting 11:30 Lunch 12:30 Beach Ball Toss 1:00 Cooking Class 2:30 Reminiscing and Discussion 3:30 Volleyball w/Music 4:30 Dinner and After-Dinner Movie</p>	<p>2 6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll & Gardening 10:20 Bingo 11:30 Lunch 12:30 Travel Reminiscing 1:00 Board Games/ Trivia 1:30 SCENIC DRIVE 2:30 Round Table Readers 3:00 Exercise and Stretching 4:30 Dinner and After-Dinner Movie</p>
<p>3 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll & Gardening 10:20 Arts & Crafts 11:30 Lunch 12:30 Round Table Readers 1:15 Nature Video and Discussion 2:30 Trivia 3:00 Afternoon Walk or Exercise & Stretching 3:30 Bean Bag Toss 4:30 Dinner and After-Dinner Movie BREADMAKING TODAY!</p>	<p>4 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll & Gardening 10:20 Bingo 11:30 Lunch 12:30 Flowers Reminiscing with Photos 1:00 HORTICULTURE GARDENING w/ JOHN 2:30 Round Table Readers 3:00 Afternoon Walk or Exercise/Stretching 3:30 Ring Toss 4:30 Dinner and After-Dinner Movie</p>	<p>5 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll & Gardening 10:20 JINGO 11:30 Lunch 12:30 Beach Ball Toss 1:00 Trivia Challenge/Word Games 1:45 Afternoon Stretching 2:30 CONCERT W/KIMBERLYE GOLD 3:00 Afternoon Walk or Exercise/Stretching 3:30 Parachute Games 4:30 Dinner and After-Dinner Movie</p>	<p>6 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll & Gardening 10:20 Current Events & Puzzles 11:30 Lunch 12:30 Animal Reminiscing w/Photos 1:00 History Reading— Theodore Roosevelt 2:30 Conversation Starter Cards 3:00 Afternoon Walk or Exercise & Stretching 3:30 Bean Bag Toss 4:30 Dinner and After-Dinner Movie</p>	<p>7 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:10 Arts and Craft 11:30 Lunch 12:30 Food Reminiscing w/Photos 1:00 Men's Club or Travel Reminiscing— Israel 2:30 Round Table Readers 3:00 Afternoon Walk or Exercise & Stretching 3:30 Horseshoes 4:30 Dinner and After-Dinner Movie</p>	<p>8 6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll & Gardening 10:20 Alzheimer's Association Memories in the Making Painting 11:30 Lunch 12:30 Beach Ball Toss 1:00 Cooking Class 2:30 Reminiscing and Discussion 3:30 Volleyball w/Music 4:30 Dinner and After-Dinner Movie</p>	<p>9 6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll & Gardening 10:20 Bingo 11:30 Lunch 12:30 Travel Reminiscing 1:00 Board Games/ Trivia 1:30 SCENIC DRIVE 2:30 Round Table Readers 3:00 Exercise and Stretching 4:30 Dinner and After-Dinner Movie</p>
<p>10 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll & Gardening 10:20 Arts & Crafts 11:30 Lunch 12:30 Round Table Readers 1:15 Nature Video and Discussion 2:30 Trivia 3:00 Afternoon Walk or Exercise & Stretching 3:30 Bean Bag Toss 4:30 Dinner and After-Dinner Movie BREADMAKING TODAY!</p>	<p>11 Columbus Day 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll & Gardening 10:20 Bingo 11:30 Lunch 12:30 Flowers Reminiscing with Photos 1:00 TRIVIA & GAMES 2:15 CONCERT W/KEN SOSA 3:30 Ring Toss 4:30 Dinner and After-Dinner Movie</p>	<p>12 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll & Gardening 10:20 JINGO 11:30 Lunch 12:30 Beach Ball Toss 1:00 Trivia Challenge/Word Games 1:45 Afternoon Stretching 2:30 Travel Reminiscing 3:00 Afternoon Walk or Exercise/Stretching 3:30 Parachute Games 4:30 Dinner and After-Dinner Movie</p>	<p>13 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll & Gardening 10:20 Current Events & Puzzles 11:30 Lunch 12:30 Animal Reminiscing w/Photos 1:00 History Reading— Christopher Columbus 2:30 Conversation Starter Cards 3:00 Afternoon Walk or Exercise & Stretching 3:30 Bean Bag Toss 4:30 Dinner and After-Dinner Movie</p>	<p>14 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll & Gardening 10:10 Arts and Craft 11:30 Lunch 12:30 Food Reminiscing w/Photos 1:00 Men's Club or Travel Reminiscing— Mexico 2:30 Round Table Readers 3:00 Afternoon Walk or Exercise & Stretching 3:30 Horseshoes 4:30 Dinner and After-Dinner Movie</p>	<p>15 6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll & Gardening 10:20 Alzheimer's Association Memories in the Making Painting 11:30 Lunch 12:30 Beach Ball Toss 1:00 Cooking Class 2:30 Reminiscing and Discussion 3:30 Volleyball w/Music 4:30 Dinner and After-Dinner Movie</p>	<p>16 6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll & Gardening 10:20 Bingo 11:30 Lunch 12:30 Travel Reminiscing 1:00 Board Games/Trivia 1:30 SCENIC DRIVE 2:30 Round Table Readers 3:00 Exercise and Stretching 4:30 Dinner and After-Dinner Movie</p>
<p>17 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 Arts & Crafts 11:30 Lunch 12:30 Round Table Readers 1:15 Nature Video and Discussion 2:30 Trivia 3:00 Afternoon Walk or Exercise & Stretching 3:30 Bean Bag Toss 4:30 Dinner and After-Dinner Movie BREADMAKING TODAY!</p>	<p>18 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll & Gardening 10:20 Bingo 11:30 Lunch 12:30 Flowers Reminiscing with Photos 1:00 ARTS & CRAFTS 2:30 Round Table Readers 3:00 Exercise and Stretching 3:30 Volleyball 4:30 Dinner and After-Dinner Movie</p>	<p>19 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll & Gardening 10:20 JINGO 11:30 Lunch 12:30 Beach Ball Toss 1:00 Trivia Challenge/Word Games 1:45 Afternoon Stretching 2:30 CONCERT W/LEE ALLEN 3:30 Parachute Games 4:30 Dinner and After-Dinner Movie</p>	<p>20 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll & Gardening 10:20 Current Events & Puzzles 11:30 Lunch 12:30 Animal Reminiscing w/Photos 1:00 History Reading— Beethoven (and His Music) 2:30 Conversation Starter Cards 3:00 Afternoon Walk or Exercise & Stretching 3:30 Bean Bag Toss 4:30 Dinner and After-Dinner Movie</p>	<p>21 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll & Gardening 10:10 Arts and Craft 11:30 Lunch 12:30 Food Reminiscing w/Photos 1:00 Men's Club or Travel Reminiscing— New York 2:30 Round Table Readers 3:00 Afternoon Walk 3:30 Horseshoes 4:30 Dinner and After-Dinner Movie</p>	<p>22 6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll & Gardening 10:20 Alzheimer's Association Memories in the Making Painting 11:30 Lunch 12:30 Beach Ball Toss 1:00 Cooking Class 2:00 CONCERT w/ JOSEPH WILKES 3:30 Volleyball w/Music 4:30 Dinner and After-Dinner Movie</p>	<p>23 6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll & Gardening 10:20 Bingo 11:30 Lunch 12:30 Travel Reminiscing 1:00 Board Games/Trivia 1:30 SCENIC DRIVE 2:30 Round Table Readers 3:00 Exercise and Stretching 4:30 Dinner and After-Dinner Movie</p>
<p>24/31 Halloween (31st) 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll & Gardening 10:20 Arts & Crafts 11:30 Lunch 12:30 Round Table Readers 1:15 Nature Video and Discussion 1:15 HALLOWEEN PARTY (31st) 2:30 Trivia 3:00 Afternoon Walk or Exercise & Stretching 3:30 Bean Bag Toss 4:30 Dinner and After-Dinner Movie</p> 	<p>27 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll & Gardening 10:20 Bingo 11:30 Lunch 12:30 Flowers Reminiscing with Photos 1:00 TRIVIA & GAMES 2:15 CONCERT W/KEN SOSA 3:30 Ring Toss 4:30 Dinner and After-Dinner Movie</p>	<p>28 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll & Gardening 10:20 JINGO 11:30 Lunch 12:30 Beach Ball Toss 1:00 Trivia Challenge/Word Games 1:45 Afternoon Stretching 2:30 Travel Reminiscing 3:00 Afternoon Walk or Exercise/Stretching 3:30 Parachute Games 4:30 Dinner and After-Dinner Movie</p>	<p>29 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll & Gardening 10:20 Current Events & Puzzles 11:30 Lunch 12:30 Animal Reminiscing w/Photos 1:00 History Reading— Bela Lugosi 2:30 Conversation Starter Cards 3:00 Afternoon Walk or Exercise & Stretching 3:30 Bean Bag Toss 4:30 Dinner and After-Dinner Movie</p>	<p>30 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll & Gardening 10:10 Arts and Craft 11:30 Lunch 12:30 Food Reminiscing w/Photos 1:00 Men's Club or Travel Reminiscing— Glacier National Park 2:30 Round Table Readers 3:00 Afternoon Walk 3:30 Horseshoes 4:30 Dinner and After-Dinner Movie</p>	<p>29 6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll & Gardening 10:20 Alzheimer's Association Memories in the Making Painting 11:30 Lunch 12:30 Beach Ball Toss 1:00 OKTOBERFEST PARTY 2:15 OKTOBERFEST CONCERT W/ MUSIC MIKE ZAMPICENI 3:30 Volleyball w/Music 4:30 Dinner and After-Dinner Movie</p>	<p>30 6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll & Gardening 10:20 Bingo 11:30 Lunch 12:30 Travel Reminiscing 1:00 Board Games/Trivia 1:30 SCENIC DRIVE 2:30 Round Table Readers 3:00 Exercise and Stretching 4:30 Dinner and After-Dinner Movie</p>

OCTOBER 2021—WILLOW CLUB

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		<p>OCTOBER 29 Oktoberfest Concert w/ Music Mike Zampiceni @ 2:15pm</p> <p>OCTOBER 31 Halloween Party @ 1:15pm</p>		<p>OCTOBER 29 Oktoberfest Party @ 1pm</p> 	<p>1 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise and Stretching 10:20 Travel Reminiscing 11:00 Trivia Challenge 11:30 Lunch 12:30 SING-ALONG 1:00 Ice Cream Social 2:30 Reminiscing and Discussion 3:30 Volleyball w/Music 4:30 Dinner and After-Dinner Movie</p>	<p>2 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise and Stretching 10:20 Sorting Silverware/Playing Cards 11:00 Ball Toss 11:30 Lunch 12:30 SING-ALONG 1:00 Board Games/ Trivia 1:30 SCENIC DRIVE 2:30 Cooking Reminiscing 3:00 Brain Games 3:30 Dancing w/ Ribbons 4:30 Dinner and After-Dinner Movie</p>
<p>3 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise and Stretching 10:20 Sorting Playing Cards/Folding Napkins 11:00 Looking Through Pictures & Reminiscing 11:30 Lunch 12:30 Travel Reminiscing 1:00 Flower Arrangement BREADMAKING TODAY! 1:40 Afternoon Stretching 2:30 Beach Ball Toss 3:00 Brain Games 3:30 Dancing W / Scarves 4:30 Dinner and After-Dinner Movie</p>	<p>4 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise and Stretching 10:20 Sorting & Polishing Silverware 10:50 Office Work 11:30 Lunch 12:30 SING-ALONG 1:00 HORTICULTURE GARDENING w/ JOHN 2:30 Round Table Readers 3:00 Exercise and Stretching 3:30 Volleyball 4:30 Dinner and After-Dinner Movie</p>	<p>5 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise and Stretching 10:20 Puzzles 10:45 Sorting Socks & Baby Clothes 11:00 Looking Through Pictures & Reminiscing 11:30 Lunch 12:00 Hand Washing and Looks Re-do 12:30 SING-ALONG 1:00 Flower Arrangement 2:30 CONCERT W/KIMBERLYE GOLD 3:00 Exercise and Stretching 3:30 Parachute Games 4:30 Dinner and After-Dinner Movie</p>	<p>6 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise and Stretching 10:20 Dot Art 11:00 Beach Ball Throw 11:30 Lunch 12:30 SING-ALONG 1:00 History Reading—Theodore Roosevelt 1:40 Afternoon Stretching 2:30 Conversation Starter Cards 3:00 Exercise and Stretching 3:30 Parachute 4:30 Dinner and After-Dinner Movie</p>	<p>7 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise and Stretching 10:20 Puzzles 11:00 Looking Through Pictures & Reminiscing 11:30 Lunch 12:30 SING-ALONG 1:00 Men's Club or Travel Reminiscing— Israel 2:30 Round Table Readers 3:00 Exercise & Stretching 3:30 Dancing w / Scarves 4:30 Dinner and After-Dinner Movie</p>	<p>8 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise and Stretching 10:20 Travel Reminiscing 11:00 Trivia Challenge 11:30 Lunch 12:30 SING-ALONG 1:00 Ice Cream Social 2:30 Reminiscing and Discussion 3:30 Volleyball w/Music 4:30 Dinner and After-Dinner Movie</p>	<p>9 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise and Stretching 10:20 Sorting Silverware/Playing Cards 11:00 Ball Toss 11:30 Lunch 12:30 SING-ALONG 1:00 Board Games/ Trivia 1:30 SCENIC DRIVE 2:30 Cooking Reminiscing 3:00 Brain Games 3:30 Dancing w/ Ribbons 4:30 Dinner and After-Dinner Movie</p>
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