



NOVEMBER 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 BRAIN FITNESS: <i>Crossword Puzzles</i> at 10am (AR) EXERCISE w/ EV at 11am (LR) SHORT WALK at 2pm (<i>Sign Up. Meet in Lobby. Limit 5</i>) ART APPRECIATION at 3pm (AR) MOVIE NIGHT at 7pm (LR)	2 CREATIVE SELF EXPRESSION w/ Jorel at 10am (AR) EXERCISE w/ Ines at 11am (LR) HORTICULTURE w/ John at 2pm (AR) BINGO at 3pm (AR) HAPPY BIRTHDAY MIKK T.!	3 CURRENT EVENTS w/ Ken at 10:15am (AR) EXERCISE at 11am (LR) HEALTH & RELAXATION w/ Lu at 2pm (AR) RESIDENT STORE (2nd FL) <i>From 3:00pm -3:30pm</i> MOVIE NIGHT (LR) at 7pm	4 NATURE VIDEO: 72 Cutest Animals at 10am (AR) EXERCISE w/ EV at 11am (LR) SPANISH FOR BEGINNERS at 2pm (AR) BALANCE CLASS at 3:30pm (LR) MOVIE NIGHT at 7pm (LR)	5 MUSIC APPRECIATION at 10am (AR) EXERCISE at 11am (AR) <div style="background-color: #f0e68c; padding: 5px; text-align: center;"> HAPPY HOUR From 3:00pm to 4:00pm </div> MOVIE NIGHT at 7pm (LR)	6 MUSICAL BALL at 10:15am (AR) EXERCISE at 11am (LR) SING ALONG at 2pm (AR) MATINEE MOVIE at 3pm (LR) MOVIE NIGHT at 7pm (LR)
7 HISTORY VIDEO: <i>Conspiracies</i> at 10:15am (AR) EXERCISE at 11am (LR) CARD BINGO at 2pm (AR) MATINEE MOVIE at 3pm MOVIE NIGHT at 7pm (LR) <i>Daylight Saving Time Ends at 2AM SET CLOCK BACK ONE HOUR</i>	8 BRAIN FITNESS: <i>Trivia Challenge</i> at 10am (AR) EXERCISE w/ EV at 11am (LR) MEN'S LUNCH at 12pm (<i>Sign Up</i>) SHORT WALK at 2:15pm (<i>Sign Up</i>) ART APPRECIATION at 3pm (AR) MOVIE NIGHT at 7:00pm (LR) HAPPY BIRTHDAY ZEL K.! TRIVIA DINNER NIGHT!	9 CREATIVE SELF EXPRESSION w/ Jorel at 10am (AR) EXERCISE w/ Ines at 11am (LR) LUNCH OUTING: Chef Chu's Restaurant at 12pm (<i>Sign Up. Limit 8</i>) ARTS & CRAFTS: <i>Scarecrow Craft</i> at 2pm (AR) BINGO at 3pm (AR)	10 CURRENT EVENTS w/ Ken at 10:15am (AR) EXERCISE at 11am (LR) VETERAN'S DAY PINING CEREMONY at 2pm (LR) RESIDENT STORE CLOSE TODAY MOVIE NIGHT (LR) at 7pm	11 Veterans Day NATURE VIDEO: 72 Cutest Animals at 10am (AR) EXERCISE w/ EV at 11am (LR) VETERAN'S DAY CONCERT w/ Lee Allen at 2pm (LR) COOKING DEMO at 3pm (AR) MOVIE NIGHT at 7pm (LR) <i>Federal Holiday - No Mail Delivery</i>	12 MUSIC APPRECIATION at 10am (AR) EXERCISE at 11am (LR) BLACKJACK at 2pm (AR) JEOPARDY at 3pm (AR) MOVIE NIGHT (LR) at 7pm	13 MUSICAL BALL at 10:15am (AR) EXERCISE at 11am (LR) RELAXATION COLORING at 2pm (AR) MATINEE MOVIE at 3pm (LR) MOVIE NIGHT at 7pm (LR)
14 HISTORY VIDEO: <i>Conspiracies</i> at 10:15am (AR) EXERCISE at 11am (LR) MATINEE MOVIE at 2pm (LR) FIELD TRIP OUTING: <i>Los Altos History Museum</i> at 2pm (<i>Sign Up. Limit 8</i>) MOVIE NIGHT at 7pm (LR)	15 BRAIN FITNESS: <i>A-Z Game</i> at 10am (AR) EXERCISE w/ EV at 11am (LR) FRANCES 90th BIRTHDAY CONCERT w/ Ian Scarfe at 2pm (LR) ART APPRECIATION at 3pm (AR) MOVIE NIGHT at 7:00pm (LR)	16 CREATIVE SELF EXPRESSION w/ Jorel at 10am (AR) EXERCISE w/ Ines at 11am (LR) MENU MEETING at 2pm (DR) BINGO at 3pm (AR)	17 <div style="background-color: #90ee90; padding: 5px; text-align: center;"> COVID-19 BOOSTER CLINIC from 9:00am - 3:00pm </div> PLEASE NOTE: No Activity Today Due COVID-19 Booster Clinic MOVIE NIGHT (LR) at 7pm HAPPY 90TH BIRTHDAY FRANCES Y!	18 NATURE VIDEO: 72 Cutest Animals at 10am (AR) EXERCISE w/ EV at 11am (LR) NATURE PHOTOGRAPHY TALK: <i>Purrfects Cats w/ Joan Sparks</i> at 2pm (AR) BALANCE CLASS at 3:30pm (LR) MOVIE NIGHT at 7pm (LR)	19 MUSIC APPRECIATION at 10am (AR) EXERCISE at 11am (LR) <div style="background-color: #f0e68c; padding: 5px; text-align: center;"> HAPPY HOUR From 3:00pm to 4:00pm </div> MOVIE NIGHT (LR) at 7pm	20 MUSICAL BALL at 10:15am (AR) EXERCISE at 11am (LR) SING ALONG at 2pm (AR) MATINEE MOVIE at 3pm (LR) MOVIE NIGHT at 7pm (LR)
21 HISTORY VIDEO: <i>Conspiracies</i> at 10:15am (AR) EXERCISE at 11am (LR) MATINEE MOVIE at 2pm (LR) SCENIC DRIVE: <i>Ed Levin Park (Milpitas)</i> at 2pm (<i>Sign Up. Meet in Lobby</i>) MOVIE NIGHT at 7pm (LR)	22 BRAIN FITNESS: <i>Thanksgiving Word Mining</i> at 10am (AR) EXERCISE w/ EV at 11am (LR) BIRTHDAY CONCERT w/ Ian Scarfe at 2pm (LR) ARTS & CRAFTS: <i>Turkey Crafts</i> at 3pm (AR) MOVIE NIGHT at 7pm (LR) HAPPY BIRTHDAY CHARLES W.! TRIVIA DINNER NIGHT!	23 CREATIVE SELF EXPRESSION w/ Jorel at 10am (AR) EXERCISE w/ Ines at 11am (LR) THANKSGIVING CONCERT w/ Grijda Spiri at 2:30pm (LR) BINGO at 3:15pm (AR)	24 CURRENT EVENTS w/ KEN at 10:15am (AR) EXERCISE w/ Ines at 11am (LR) HEALTH & RELAXATION w/ Lu at 2pm (AR) RESIDENT STORE (2nd FL) <i>From 3:00pm -3:30pm</i> MOVIE NIGHT at 7pm (LR)	25 Thanksgiving NATURE VIDEO: 72 Cutest Animals at 10am (AR) EXERCISE w/ EV (LR) at 11am ARTS & CRAFTS: <i>Thanksgiving Craft</i> at 2pm (AR) BAKING GROUP: <i>Pumpkin Mousse</i> at 3pm (AR) THANKSGIVING MOVIE at 7pm	26 MUSIC APPRECIATION at 10am (AR) EXERCISE at 11am (LR) GIANT CRAZY 8 at 2pm (AR) SHABBAT at 3pm (AR) MOVIE NIGHT at 7pm (LR)	27 MUSICAL BALL at 10:15am (AR) EXERCISE at 11am (LR) RELAXATION COLORING at 2pm (AR) MATINEE MOVIE at 3pm (LR) DRUGSTORE OUTING: <i>Walgreens</i> at 3pm (<i>Sign Up</i>) MOVIE NIGHT at 7pm (LR)
28 Hanukah HISTORY VIDEO: <i>Conspiracies</i> at 10:15am (AR) EXERCISE at 11am (LR) MATINEE MOVIE at 2pm (LR) SHORT WALK at 2:15pm (<i>Sign Up</i>) MOVIE NIGHT at 7pm (LR)	29 BRAIN FITNESS: <i>Scattergories</i> at 10am (AR) EXERCISE w/ EV at 11am (LR) DREDELL GAME at 2pm (AR) ART APPRECIATION at 3pm (AR) MOVIE NIGHT at 7pm (LR)	30 CREATIVE SELF EXPRESSION w/ Jorel at 10am (AR) EXERCISE w/ Ines at 11am (LR) RESIDENT'S ANNUAL ART EXHIBIT (LR) from 1:00pm to 2:00pm CONCERT with Peter Cor at 2pm (LR) RESIDENT'S MEETING at 3:15pm (DR)		 <p style="text-align: center;">THE KEY</p> <p style="text-align: center;">LOCATIONS</p> <p style="text-align: center;">ACTIVITY ROOM (AR) LIVING ROOM (LR) DINING ROOM (DR) COURTYARD (CY)</p>	 <p style="text-align: center;">PALO ALTO COMMONS</p> <p style="text-align: center;">A WellQuest Living Community</p> <p style="text-align: center;">ASSISTED LIVING</p>	