

NOVEMBER 2021

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | | | | | | | | | | | | | | | |
|--|--|---|---|--|---|--|---|-----------|----|-----------|-----------|----|------------|-----------|-----|----------|-----------|------|----------------------------|--|--|
|  <p>THE AVANT A WellQuest Living Community</p> | <p>1 9:30am Fitness w/Ev (Lge) 9:30am Aquatics w/Les (Pool) 1:00pm Documentary Video (MR) 2:00pm Bocce Ball 7:30pm Movie Night (MR)</p> | <p>2 9:30am Fitness w/Carina (Lge) 11:00am Walking Group— <i>Cuesta Park</i> 12:00pm Green Elephant Lunch Outing (Sign Up. Limit 8 Residents) 2:00 PLAY READING (Sol) 7:30pm Movie Night (MR)</p> | <p>3 9:30am Balance Class w/ Rehab Go (Lge) 10:15am Current Events w/ Ken (Zoom) 12:00pm Afternoon Games (Sol) 2:00pm Chair Yoga w/ Galina (Lge) 7:30pm Movie Night (MR)</p> | <p>4 9:30am Fitness w/Ev (Lge) 9:30am Aquatics w/Les (Pool) 1:00pm Arts & Crafts: Thanksgiving Craft (Sol) 3:00pm RESIDENT'S BIRTHDAY PARTY (Lge) 7:30pm Movie Night (MR)</p> | <p>5 9:30am Balance Class w/ Rehab Go (Lge) 1:30pm Tech Talk w/Curtis (MR) 3:30pm HAPPY HOUR (CY) 7:30pm Movie Night <u>Deadline:</u> November 9th Lunch Outing to Armadillo Willy's</p> | <p>6 9:30am Fitness Class (Lge) 12:00pm Bocce Ball 1:00pm Mitchell Park Library Outing (Sign Up. Limit 8 Residents) 2:00pm Movie Matinee (MR) 7:30pm Movie Night (MR)</p> | | | | | | | | | | | | | | | |
| | <p>7 9:30am Fitness Class (Lge) 12:00pm Neighborhood Walking Group to <i>Robles Park</i> (Limit: 6 residents; sign up) 2:00pm FOSTER MUSEUM OUTING (Sign Up. Limit 8 Residents) 7:30pm Movie Night (MR) <u>Daylight Saving Time Ends at 2AM. SET CLOCK BACK ONE HOUR.</u></p> | <p>8 9:30am Fitness w/Ev (Lge) 9:30am Aquatics w/Les (Pool) 10:30am Stories, Humor, and Fun w/ Danni Mac (MR) 2:00pm Bocce Ball 7:30pm Movie Night (MR) <u>Trivia Dinner Night!</u> <u>Deadline:</u> November 10th Beyond Van Gough San Jose</p> | <p>9 9:30am Fitness Class (Lge) 11:00am POETRY READING (MR) 1:00pm COOKING DEMO w/ Chef Colin (Lge) 2:00pm HISTORIC RENGSTORFF HOUSE in Mountain View (Sign Up. Limit 8 Residents) 7:30pm Movie Night (MR)</p> | <p>10 9:30am Balance Class w/ Rehab Go (Lge) 10:15am Current Events w/ Ken (Zoom) 1:30pm VETERAN'S DAY PINING CEREMONY (Lge) 2:00pm Chair Yoga w/ Galina (Lge) 7:30pm Movie Night (MR)</p> | <p>11 VETERAN'S DAY 9:30am Fitness w/Ev (Lge) 9:30am Aquatics w/Les (Pool) 12:00pm RESIDENT'S MEETING (Sol) 3:30pm Veteran's Day Concert w/ Lee Allen (Lge) 7:30pm Movie Night (MR) <i>Federal Holiday—No Mail Delivery.</i></p> | <p>12 9:30am Balance Class w/ Rehab Go (Lge) 11:00am Opera & Music Lecture w/Deborah (MR) 1:00pm Pumpkin Crème Brulee Making (Sol) 3:30pm HAPPY HOUR (CY) 7:30pm Movie Night</p> | <p>13 9:30am Fitness Class (Lge) 11:00am FIELD TRIP— Makers Market on the Row (Sign Up. Limit 8 Residents) 2:00pm Movie Matinee (MR) 7:30pm Movie Night (MR)</p> | | | | | | | | | | | | | | |
| <p>14 9:30am Fitness Class (Lge) 12:00pm Bocce Ball 2:00pm Movie Matinee (MR) 7:30pm Movie Night (MR)</p> | <p>15 9:30am Fitness w/Ev (Lge) 9:30am Aquatics w/Les (Pool) 12:00pm Lunch Outing; Armadillo Willy's (Sign up. Limit 8 Residents) 2:00pm Bocce Ball 3:00pm Ian Scarfe Concert (Lge) 7:30pm Movie Night (MR)</p> | <p>16 9:30am Fitness w/Carina (Lge) 11:00am Walking Group— <i>Baylands Sunnyvale</i> 1:00pm Nature Photography with Joan: <i>"The Purrfect Cats"</i> (MR) 7:30pm Movie Night (MR)</p> | <p>17 COVID-19 Booster Clinic 9:30am Balance Class w/ Rehab Go (Lge) 10:15am Current Events w/ Ken (Zoom) 2:00pm Chair Yoga w/ Galina (Lge) 7:30pm Movie Night (MR)</p> | <p>18 9:30am Fitness w/Ev (Lge) 9:30am Aquatics w/Les (Pool) 12:00pm MENU MEETING (Sol) 3:00pm BOOK CLUB (Sol) 7:30pm Movie Night (MR)</p> | <p>19 9:30am Balance Class w/ Rehab Go (Lge) 1:30pm Tech Talk w/Curtis (MR) 3:30pm WELCOME NEW RESIDENTS HAPPY HOUR (CY) 7:30pm Movie Night (MR) <u>Deadline:</u> November 24th Resident Art Exhibit</p> | <p>20 9:30am Fitness Class (Lge) 10:30am BEYOND VAN GOUGH SAN JOSE (Sign Up. Limit 8 Residents) Please Note: Proof of Vaccination Record is require for this outing** 2:00pm Movie Matinee (MR) 7:30pm Movie Night (MR)</p> | | | | | | | | | | | | | | | |
| <p>21 9:30am Fitness Class (Lge) 12:00pm Neighborhood Walking Group— <i>Robles Park</i> (Limit: 6 residents; sign up) 2:00pm Movie Matinee (MR) 7:30pm Movie Night (MR)</p> | <p>22 9:30am Fitness w/Ev (Lge) 9:30am Aquatics w/Les (Pool) 10:30am Stories, Humor, and Fun w/ Danni Mac (MR) 2:00pm Music Lecture w/ Bonnie Wiess 3:00pm Concert— Ian Scarfe (Lge) 7:30pm Movie Night (MR) <u>Trivia Dinner Night!</u></p> | <p>23 9:30am Fitness w/Carina (Lge) 11:00am Walking Group— <i>Shoreline Park</i> 3:30pm Thanksgiving Concert with Grijda Spiri (Lge) 7:30pm Movie Night (MR)</p> | <p>24 9:30am Balance Class w/ Rehab Go (Lge) 10:15am Current Events w/ Ken (Zoom) 1:00pm Arts & Crafts: Popcorn Making Craft (MR) 2:00pm Chair Yoga w/ Galina (Lge) 7:30pm Movie Night (MR)</p> | <p>25 THANKSGIVING 9:30am Fitness w/Ev (Lge) 9:30am Aquatics w/Les (Pool) 12:00pm GIVE THANKS & PUMPKIN PIE! (Lge) 7:30pm Movie Night (MR) <i>Federal Holiday—No Mail Delivery.</i></p> | <p>26 9:30am Balance Class w/Rehab Go (Lge) 11:00am Opera/Music Lecture w/Deborah (MR) 3:30pm HAPPY HOUR (CY) 7:30pm Movie Night (MR)</p> | <p>27 9:30am Fitness Class (Lge) 12:00pm Bocce Ball 2:00pm Movie Matinee (MR) 7:30pm Movie Night (MR)</p> | | | | | | | | | | | | | | | |
| <p>28 Hanukah— begins at sunset 9:30am Fitness Class (Lge) 12:00pm Bocce Ball 2:00pm Movie Matinee (MR) 7:30pm Movie Night (MR)</p> | <p>29 9:30am Fitness w/Ev (Lge) 9:30am Aquatics w/Les (Pool) 1:00pm Documentary Video (MR) 2:00pm Dredell Game (Sol) 7:30pm Movie Night (MR)</p> | <p>30 9:30am Fitness Class (Lge) 2:00pm RESIDENT'S 6th ANNUAL ART EXHIBIT (Sol) 3:00pm Concert with Peter Cor (Lge) 7:30pm Movie Night (MR)</p> | <div data-bbox="1774 1620 2598 1923" data-label="Complex-Block">  <p>LOCATION KEY</p> <table> <tr> <td>Lge</td> <td>Lounge</td> <td>1st Floor</td> </tr> <tr> <td>CY</td> <td>Courtyard</td> <td>1st Floor</td> </tr> <tr> <td>MR</td> <td>Media Room</td> <td>2nd Floor</td> </tr> <tr> <td>Sol</td> <td>Solarium</td> <td>3rd Floor</td> </tr> <tr> <td>Zoom</td> <td>In Apartment or Media Room</td> <td></td> </tr> </table> </div> | | | Lge | Lounge | 1st Floor | CY | Courtyard | 1st Floor | MR | Media Room | 2nd Floor | Sol | Solarium | 3rd Floor | Zoom | In Apartment or Media Room | | |
| Lge | Lounge | 1st Floor | | | | | | | | | | | | | | | | | | | |
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