

DECEMBER 2021- ASPEN CLUB

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:15 Current Events & Puzzles 11:30 Lunch 12:30 Current Events & Puzzles 1:00 Watercolor Painting 1:45 Afternoon Exercise & Stretching 2:30 Conversation Starter Cards 3:00 Fruit Reminiscing 3:30 Christmas Story Reading 4:00 Beach Ball Toss 4:30 Dinner and After-Dinner Movie	2 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:10 Arts and Craft 11:30 Lunch 12:30 Food Reminiscing w/Photos 1:00 Men's Club or Travel Reminiscing 2:30 Round Table Readers 3:00 Exercise & Stretching 3:30 Horseshoes 4:30 Dinner 5:30 Movie	3 6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 Alzheimer's Association Memories in the Making Painting 11:30 Lunch 12:30 Beach Ball Toss 1:00 TRIM THE CHRISTMAS TREE 2:00 HOT CHOCOLATE SOCIAL 3:30 Volleyball w/ Music 4:30 Dinner 5:30 Movie	4 6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 Bingo 11:30 Lunch 12:30 Travel Reminiscing 1:00 Scenic Drive - Los Altos Hills or Round Table Readers 2:00 WEEKEND WAFFLE MAKING 3:00 Exercise and Stretching 4:30 Dinner 5:30 Movie
5 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 Holiday Arts & Crafts 11:30 Lunch 12:30 Round Table Readers 1:15 Nature Video and Discussions 2:30 Trivia 3:00 Afternoon Walk or Exercise & Stretching 3:30 Bean Bag Toss 4:30 Dinner 5:30 Movie	6 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 Bingo 11:30 Lunch 12:30 Flowers Reminiscing with Photos 1:00 Life Story Drawing—Christmas Presents 2:15 HOLIDAY CONCERT w/ KIMBERLYE GOLD 3:30 Ring Toss 4:30 Dinner 5:30 Movie	7 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 BINGO 11:30 Lunch 12:30 Beach Ball Toss 1:00 Trivia & Games 2:45 Travel Reminiscing 3:30 Exercise & Stretching 4:30 Dinner 5:30 Movie	8 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:15 Current Events & Puzzles 11:30 Lunch 12:30 Animal Reminiscing w/ Photos 1:00 Watercolor Painting 1:45 Afternoon Stretching 2:30 Conversation Starter Cards 3:00 Fruit Reminiscing 3:30 Christmas Story Reading 4:00 Beach Ball Toss 4:30 Dinner and After-Dinner Movie	9 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:10 Arts and Craft 11:30 Lunch 12:30 Food Reminiscing w/Photos 1:00 Men's Club or Travel Reminiscing 2:30 Round Table Readers 3:00 Exercise & Stretching 3:30 Horseshoes 4:30 Dinner 5:30 Movie	10 6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 Alzheimer's Association Memories in the Making Painting 11:30 Lunch 12:30 Beach Ball Toss 1:00 HOT COCOA & COOKIES! 2:30 Reminiscing & Discussions 3:30 Volleyball w/ Music 4:30 Dinner 5:30 Movie	11 6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 Bingo 11:30 Lunch 12:30 Travel Reminiscing 1:00 Scenic Drive - Sandford or Round Table Readers 2:00 WEEKEND WAFFLE MAKING 3:00 Exercise and Stretching 4:30 Dinner 5:30 Movie
12 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 Holiday Arts & Crafts 11:30 Lunch 12:30 Trivia 1:15 Round Table Readers 2:30 WINTER WONDERLAND CONCERT w/ Johnny Fabulous! 3:45 Afternoon Walk or Exercise & Stretching 4:00 Bean Bag Toss 4:30 Dinner 5:30 Movie	13 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 Bingo 11:30 Lunch 12:30 Flowers Reminiscing with Photos 1:00 Life Story Drawing—Holiday Food 2:15 BIRTHDAY CONCERT w/ KEN SOSA! 3:00 Exercise & Stretching 3:30 Ring Toss 4:30 Dinner 5:30 Movie	14 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 BINGO 11:30 Lunch 12:30 Beach Ball Toss 1:00 HOLIDAY HORTICULTURE w/ John 2:45 Travel Reminiscing 3:30 Exercise & Stretching 4:30 Dinner 5:30 Movie	15 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:15 Current Events & Puzzles 11:30 Lunch 12:30 Current Events & Puzzles 1:00 Watercolor Painting 1:45 Afternoon Exercise & Stretching 2:30 Conversation Starter Cards 3:00 Fruit Reminiscing 3:30 Christmas Story Reading 4:00 Beach Ball Toss 4:30 Dinner and After-Dinner Movie	16 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:10 Arts and Craft 11:30 Lunch 12:30 Food Reminiscing w/Photos 1:00 Men's Club or Travel Reminiscing 2:30 Round Table Readers 3:00 Exercise & Stretching 3:30 Horseshoes 4:30 Dinner 5:30 Movie	17 6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 Alzheimer's Association Memories in the Making Painting 11:30 Lunch 12:30 DECORATING GINERBREAD HOUSES 1:30 HOT COCOA & COOKIES! 2:30 Reminiscing & Discussions 3:30 Volleyball w/ Music 4:30 Dinner 5:30 Movie	18 6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 Bingo 11:30 Lunch 12:30 Travel Reminiscing 1:00 Scenic Drive - Palo Alto Bayland or Round Table Readers 2:00 WEEKEND WAFFLE MAKING 3:00 Exercise and Stretching 4:30 Dinner 5:30 Movie
19 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 Holiday Arts & Crafts 11:30 Lunch 12:30 Round Table Readers 1:15 Nature Video and Discussions 2:30 Trivia 3:00 Afternoon Walk or Exercise & Stretching 3:30 Bean Bag Toss 4:30 Dinner 5:30 Movie 	20 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 Bingo 11:30 Lunch 12:30 Flowers Reminiscing with Photos 1:00 Life Story Drawing—Christmas Tree 3:30 Ring Toss 4:30 Dinner 5:30 Movie	21 Winter Begins 6:30 Continental Breakfast/AM Rise! 7:30 Looking Good for the Day! 8:30 Breakfast 9:30 Sensory & Music 10:30 Identifying & Recognizing 11:30 Lunch 12:30 Sensory & Music 1:00 Hand Massages / Range of Motion 2:30 CHRISTMAS CONCERT w/ Lee Allen! 3:00 Fruit Reminiscing w/ Fruit Cake! 3:30 Sing Along 4:00 Beach Ball Toss 4:30 Dinner and After-Dinner Movie	22 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:15 Current Events & Puzzles 11:30 Lunch 12:30 Animal Reminiscing w/ Photos 1:00 Watercolor Painting 1:45 Afternoon Stretching 2:30 Conversation Starter Cards 3:00 Fruit Reminiscing 3:30 Christmas Story Reading 4:00 Beach Ball Toss 4:30 Dinner and After-Dinner Movie	23 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:10 Arts and Craft 11:30 Lunch 12:30 Food Reminiscing w/Photos 1:00 Men's Club or Travel Reminiscing 2:30 Round Table Readers 3:00 Exercise & Stretching 3:30 Horseshoes 4:30 Dinner 5:30 Movie	24 Christmas Eve 6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 Alzheimer's Association Memories in the Making Painting 11:30 Lunch 12:30 Beach Ball Toss 1:00 EGG NOG & COOKIES! 2:30 Christmas Reminiscing & Discussions 3:30 Volleyball w/ Music 4:30 Dinner 5:30 Christmas Movie	25 Merry Christmas 6:30 Continental Breakfast/AM Rise 7:45 Christmas Sing-Along 8:30 Breakfast 9:40 Morning Stroll 10:20 Bingo 11:30 Lunch 12:30 Christmas Reminiscing 1:00 WEEKEND WAFFLE MAKING 2:00 Brain Games 3:00 Exercise and Stretching 4:30 Dinner 5:30 Christmas Movie
26 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 Christmas Arts & Crafts 11:30 Lunch 12:30 Round Table Readers 1:15 CHRISTMAS STORY TELLING 1:40 Afternoon Stretching 2:30 Trivia 3:00 Afternoon Walk or Exercise & Stretching 3:30 Bean Bag Toss 4:30 Dinner 5:30 Christmas Movie	27 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 Bingo 11:30 Lunch 12:30 Flowers Reminiscing with Photos 1:00 Life Story Drawing—Holiday Cheers! 2:15 HOLIDAY CONCERT w/ KEN SOSA! 3:00 Exercise & Stretching 3:30 Ring Toss 4:30 Dinner 5:30 Movie	28 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 BINGO 11:30 Lunch 12:30 Beach Ball Toss 1:00 Trivia & Games 2:45 Travel Reminiscing 3:30 Exercise & Stretching 4:30 Dinner 5:30 Movie	29 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:15 Current Events & Puzzles 11:30 Lunch 12:30 Animal Reminiscing w/ Photos 1:00 Watercolor Painting 1:45 Afternoon Stretching 2:30 Conversation Starter Cards 3:00 Fruit Reminiscing 3:30 Holiday Story Reading 4:00 Beach Ball Toss 4:30 Dinner and After-Dinner Movie	30 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:10 Arts and Craft 11:30 Lunch 12:30 Food Reminiscing w/Photos 1:00 Men's Club or Travel Reminiscing 2:30 Round Table Readers 3:00 Exercise & Stretching 3:30 Horseshoes 4:30 Dinner 5:30 Movie	31 New Year's Eve 6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 Alzheimer's Association Memories in the Making Painting 11:30 Lunch 12:30 Beach Ball Toss 1:00 NEW YEARS EVE PARTY 2:15 New Year's Eve Reminiscing & Discussions 3:30 Volleyball w/ Music 4:30 Dinner 5:30 New Year's Eve Movie	

DECEMBER 2021 - WILLOW CLUB

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>PALO ALTO COMMONS Assisted Living & Memory Care MEADOW WING</p>			1 7:45 Sing- Along Music Video 8:30 Breakfast 9:30 Sensory & Music 10:30 Reminiscing with Photos 11:30 Lunch 12:30 Sensory & Music 1:00 CHRISTMAS STORY TELLING 1:45 Afternoon Stretching 2:30 Conversation Starter Cards 3:00 Exercise & Stretching 3:30 Parachute Games 4:00 Sing- Along 4:30 Dinner and After-Dinner Movie	2 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Puzzles 11:00 Looking Through Pictures & Reminiscing 11:30 Lunch 12:30 SING-ALONG 1:00 Men's Club or Travel Reminiscing 2:30 Round Table Readers 3:00 Exercise & Stretching 3:30 Dancing w/ Scarves 4:30 Dinner and After-Dinner Movie	3 6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Travel Reminiscing 11:00 Trivia Challenge 11:30 Lunch 12:30 SING- ALONG 1:00 HOT COCOA & COOKIES! 2:30 Reminiscing & Discussions 3:30 Volleyball w/ Music 4:30 Dinner 5:30 Movie	4 6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Sorting Silverware/ Playing Cards 11:00 Ball Toss 11:30 Lunch 12:30 SING- ALONG 1:00 Board Games / Trivia 1:30 SCENIC DRIVE—Los Altos Hills 2:30 Cooking Reminiscing 3:00 Brain Games 3:30 Dancing w/ Ribbons 4:30 Dinner and After-Dinner Movie
5 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Sorting Playing Cars / Folding Napkins 11:00 Looking Through Pictures & Reminiscing 11:30 Lunch 12:30 Travel Reminiscing 1:00 Flower Arranging 1:40 Afternoon Stretching 2:30 Beach Ball Toss 3:00 Brain Games 3:30 Dancing w/ Scarves 4:30 Dinner 5:30 Movie	6 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Sorting & Polishing Silverware 10:50 Office Work 11:30 Lunch 12:30 SING-ALONG 1:00 Holiday Coloring 2:15 HOLIDAY CONCERT w/ KIMBERLYE GOLD! 2:45 Exercise & Stretching 3:30 Volleyball 4:30 Dinner 5:30 Movie	7 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Puzzles 10:45 Sorting Socks & Baby Clothes 11:00 Looking Through Pictures & Reminiscing 11:30 Lunch 12:00 Hand Washing and Looks Re-do 12:30 SING-ALONG 1:00 Flower Arrangement 2:30 Travel Reminiscing / Word Games 3:00 Exercise & Stretching 3:30 Parachute Games 4:30 Dinner and After-Dinner Movies	8 7:45 Sing- Along Music Video 8:30 Breakfast 9:30 Sensory & Music 10:30 Reminiscing with Photos 11:30 Lunch 12:30 Sensory & Music 1:00 CHRISTMAS STORY TELLING 1:45 Afternoon Stretching 2:30 Conversation Starter Cards 3:00 Exercise & Stretching 3:30 Parachute Games 4:00 Sing- Along 4:30 Dinner and After-Dinner Movie	9 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Puzzles 11:00 Looking Through Pictures & Reminiscing 11:30 Lunch 12:30 SING-ALONG 1:00 Men's Club or Travel Reminiscing 2:30 Round Table Readers 3:00 Exercise & Stretching 3:30 Dancing w/ Scarves 4:30 Dinner and After-Dinner Movie	10 6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Travel Reminiscing 11:00 Trivia Challenge 11:30 Lunch 12:30 SING- ALONG 1:00 HOT COCOA & COOKIES! 2:30 Reminiscing & Discussions 3:30 Volleyball w/ Music 4:30 Dinner 5:30 Movie	11 6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Sorting Silverware/ Playing Cards 11:00 Ball Toss 11:30 Lunch 12:30 SING- ALONG 1:00 Board Games / Trivia 1:30 SCENIC DRIVE—Stanford 2:30 Cooking Reminiscing 3:00 Brain Games 3:30 Dancing w/ Ribbons 4:30 Dinner and After-Dinner Movie
12 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Sorting Playing Cars / Folding Napkins 11:00 Looking Through Pictures & Reminiscing 11:30 Lunch 12:30 Travel Reminiscing 1:00 Flower Arranging 1:40 Afternoon Stretching 2:30 WINTER WONDERLAND CONCERT w/ Johnny Fabulous! 3:00 Brain Games 3:30 Dancing w/ Scarves 4:30 Dinner	13 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Sorting & Polishing Silverware 10:50 Office Work 11:30 Lunch 12:30 SING-ALONG 1:15 Round Table Readers 2:15 BIRTHDAY CONCERT w/ KEN SOSAI! 3:00 Exercise & Stretching 3:30 Volleyball 4:30 Dinner 5:30 Movie	14 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Puzzles 11:00 Looking Through Pictures & Reminiscing 11:30 Lunch 12:00 Hand Washing and Looks Re-do 12:30 SING-ALONG 1:00 Holiday Horticulture w/ John O'Hara 2:30 Travel Reminiscing / Word Games 3:00 Exercise & Stretching 3:30 Parachute Games 4:30 Dinner and After-Dinner Movies	15 7:45 Sing- Along Music Video 8:30 Breakfast 9:30 Sensory & Music 10:30 Reminiscing with Photos 11:30 Lunch 12:30 Sensory & Music 1:00 CHRISTMAS STORY TELLING 1:45 Afternoon Stretching 2:30 Conversation Starter Cards 3:00 Exercise & Stretching 3:30 Parachute Games 4:00 Sing- Along 4:30 Dinner and After-Dinner Movie	16 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Puzzles 11:00 Looking Through Pictures & Reminiscing 11:30 Lunch 12:30 SING-ALONG 1:00 Men's Club or Travel Reminiscing 2:30 Round Table Readers 3:00 Exercise & Stretching 3:30 Dancing w/ Scarves 4:30 Dinner and After-Dinner Movie	17 6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 DECORATING GINGERBREAD HOUSES 11:00 Trivia Challenge 11:30 Lunch 12:30 SING- ALONG 1:00 HOT COCOA & COOKIES! 2:30 Reminiscing & Discussions 3:30 Volleyball w/ Music 4:30 Dinner 5:30 Movie	18 6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Sorting Silverware/ Playing Cards 11:00 Ball Toss 11:30 Lunch 12:30 SING- ALONG 1:00 Board Games / Trivia 1:30 SCENIC DRIVE—PA Bayland 2:30 Cooking Reminiscing 3:00 Brain Games 3:30 Dancing w/ Ribbons 4:30 Dinner and After-Dinner Movie
19 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Sorting Playing Cars / Folding Napkins 11:00 Looking Through Pictures & Reminiscing 11:30 Lunch 12:30 Travel Reminiscing 1:00 Flower Arranging 1:40 Afternoon Stretching 2:30 Beach Ball Toss 3:00 Brain Games 3:30 Dancing w/ Scarves 4:30 Dinner	20 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Sorting & Polishing Silverware 10:50 Office Work 11:30 Lunch 12:30 SING-ALONG 1:00 Holiday Coloring 2:00 Round Table Readers 3:00 Exercise & Stretching 3:30 Volleyball 4:30 Dinner 5:30 Movie	21 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Puzzles 10:45 Sorting Socks & Baby Clothes 11:00 Looking Through Pictures & Reminiscing 11:30 Lunch 12:00 Hand Washing and Looks Re-do 12:30 SING-ALONG 1:00 Reminiscing / Word Games 2:30 CHRISTMAS CONCERT w/ Lee Allen! 3:45 Exercise & Stretching 4:30 Dinner and After-Dinner Movies	22 7:45 Sing- Along Music Video 8:30 Breakfast 9:30 Sensory & Music 10:30 Reminiscing with Photos 11:30 Lunch 12:30 Sensory & Music 1:00 CHRISTMAS STORY TELLING 1:45 Afternoon Stretching 2:30 Conversation Starter Cards 3:00 Exercise & Stretching 3:30 Parachute Games 4:00 Sing- Along 4:30 Dinner and After-Dinner Movie	23 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Puzzles 11:00 Looking Through Pictures & Reminiscing 11:30 Lunch 12:30 SING-ALONG 1:00 Men's Club or Travel Reminiscing 2:30 Round Table Readers 3:00 Exercise & Stretching 3:30 Dancing w/ Scarves 4:30 Dinner and After-Dinner Movie	24 Christmas Eve 6:30 Continental Breakfast/AM Rise 7:45 Christmas Sing-Along 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:30 Travel Reminiscing 11:00 Trivia Challenge 11:30 Lunch 12:30 CHRISTMAS SING- ALONG 1:00 EGG NOG & COOKIES! 2:30 Christmas Reminiscing & Discussions 3:30 Volleyball w/ Music 4:30 Dinner 5:30 Movie	25 Christmas Day 6:30 Continental Breakfast/AM Rise 7:45 Christmas Sing-Along 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Sorting Silverware/ Playing Cards 11:00 Ball Toss 11:30 Lunch 12:30 CHRISTMAS SING- ALONG 1:00 Christmas Trivia 2:30 Cooking Reminiscing 3:00 Brain Games 3:30 Dancing w/ Ribbons 4:30 Dinner and After-Dinner Movie
26 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Christmas Arts & Crafts 11:00 Looking Through Pictures & Reminiscing 11:30 Lunch 12:30 Round Table Readers 1:15 CHRISTMAS STORY TELLING 1:40 Afternoon Stretching 2:30 Beach Ball Toss 3:00 Brain Games 3:30 Dancing w/ Scarves 4:30 Dinner and After Dinner Movie	27 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Sorting & Polishing Silverware 10:50 Office Work 11:30 Lunch 12:30 SING-ALONG 1:00 Holiday Coloring 2:15 HOLIDAY CONCERT w/ KEN SOSAI! 3:00 Exercise & Stretching 3:30 Volleyball 4:30 Dinner 5:30 Movie	28 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Puzzles 10:45 Sorting Socks & Baby Clothes 11:00 Looking Through Pictures & Reminiscing 11:30 Lunch 12:00 Hand Washing and Looks Re-do 12:30 SING-ALONG 1:00 Flower Arrangement 2:30 Travel Reminiscing / Word Games 3:00 Exercise & Stretching 3:30 Parachute Games 4:30 Dinner and After-Dinner Movies	29 7:45 Sing- Along Music Video 8:30 Breakfast 9:30 Sensory & Music 10:30 Reminiscing with Photos 11:30 Lunch 12:30 Sensory & Music 1:00 CHRISTMAS STORY TELLING 1:45 Afternoon Stretching 2:30 Conversation Starter Cards 3:00 Exercise & Stretching 3:30 Parachute Games 4:00 Sing- Along 4:30 Dinner and After-Dinner Movie	30 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Puzzles 11:00 Looking Through Pictures & Reminiscing 11:30 Lunch 12:30 SING-ALONG 1:00 Men's Club or Travel Reminiscing 2:30 Round Table Readers 3:00 Exercise & Stretching 3:30 Dancing w/ Scarves 4:30 Dinner and After-Dinner Movie	31 New Year's Eve 6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Travel Reminiscing 11:00 Trivia Challenge 11:30 Lunch 12:30 SING- ALONG 1:00 NEW YEARS EVE PARTY 2:30 Reminiscing & Discussions 3:30 Volleyball w/ Music 4:30 Dinner 5:30 Movie	 <p>Happy New Year</p> <p>We'll don party hats and count down to the new year! Music & sparkling toasts, too!</p>