

The Currents



HAPPY BIRTHDAY RESIDENTS!

JENNIFER G.

January 3rd

MARY LOU M.

January 5th

PEGGY F.

January 9th

PAUL H.

January 14th

JACK B.

January 22nd



Join us on Tuesday,
January 4th at 2:00pm
for **RESIDENT'S
BIRTHDAY CONCERT**
with Lee Allen!



JANUARY EMPLOYEE OF THE MONTH:

Eduardo Arias

Each month, the Avant and Palo Alto Commons selects an Employee of the Month, and this month's recipient is Eduardo Arias! Eduardo has been working at Palo Alto Commons for 3 years as a custodian. He quoted, "I was very shocked and surprised to be EOM." Eduardo was born in Guadalajara Jalisco, Mexico. In his free time, he enjoys cooking, watching movies, and going for a walk. Eduardo previously worked as a driver for 20 years. He quoted, "I always enjoyed helping the residents whenever I am needed. It is much more rewarding interacting with the residents than being a driver by myself." Glen, Eduardo's supervisor, quoted, "Eduardo is hardworking and dependable. He always gets the job done." Congrats again to Eduardo as our January 2022 EOM!



INTRODUCING OUR 2021 EMPLOYEE OF THE YEAR:

Robert Ullrich

There are a lot of employees who deserve to get recognitions, but only 12 employees get selected as employee of the month and ONLY ONE employee get selected to be Employee of the Year. This year, we would like to announce Robert Ullrich as our EOY! Robert has been our driver for 8



years. He quoted, "I am very proud and honored to be EOY." Robert has lived in the Bay Area for 60 years, born in San Francisco. During this free time, he enjoys fishing, and exploring local spots in the bay area. He feels very fortunate to have families living nearby. Robert quoted, "I enjoy the atmosphere of my workplace. The residents and staff are delightful to work with." Glen quoted, "Robert goes above and beyond in helping others and always have a smile on him."

NATURE PHOTOGRAPHY TALKS w/ Joan Sparks

On Pelican, Heron, and Egret Oh My

Join wildlife photographer, Joan Sparks on a journey to see long legged waders that have ancestors in the fossil record dating back 50 million years. Be it a pelican bathing, a solitary night-heron surveying the shore, or an egret unfolding in spectacular flight – each of these stately birds has a bearing that marks it as one of the aristocrats of the avian realm. Don't miss this opportunity to see these stellar birds in their natural habitat.

Thursday, January 13th, at 2:15pm.



BOOK CLUB®



Danni Burton, a Scottish Storyteller and author, invites you to join us in our first book club meeting of the year on:

Tuesday, January 18th, at 2pm

in the Card Room (3rd Floor).

This month Book Club Meeting presents a historical, fiction novel called *Frog by Mo Yan*.



HAPPY HOLIDAYS!

December's eventful month of festivities: Residents & Staff Party, Gingerbread House Making, Hot Cocoa Social, and many more!



Starting off the New Year with *Zurich Beethoven Trio!*



For this special concert, pianist Ian Scarfe will be joined by his colleagues Lux Brahn on clarinet and James Jaffe on cello.

Together, the three are the Zurich Beethoven Trio, an ensemble that has toured in the U.S. and Europe for over ten years.

Lux Brahn is from Zurich, Switzerland, and has a long career of performance that includes time spent with Pierre Boulez' Ensemble Intercontemporaine in Paris. James Jaffe is a California cellist who is a founding member of the Sierra Quartet and a regular member of the Trinity Alps Chamber Music Festival. Ian Scarfe is well known to our residents and friends, as a local pianist who manages a busy career performing locally and internationally.

Their performance will feature one of the rarely-heard masterpieces of Ludwig van Beethoven, his Trio Op. 38, which is an arrangement of one of his early hits, the Septet (for seven instruments!). They will also perform the operatic and dramatic Trio Pathétique by Mikhael Glinka, and offer one or two other short "encores".

MONDAY, JANUARY 24TH AT 2PM

IN THE LIVING ROOM

Special January Concerts

January's Birthday Concert with Lee Allen

No better way to celebrate the New Year with some delicious cake with good company. Join us in celebrating January's Birthday with a Lee Allen Concert!

Tuesday, January 4th, at 2pm



Benito Cortez

Violinist Benito Cortez returns to perform for you, bringing with him a friend from his Rolodex listing of great Bay Area musicians. This time, he'll be joined by San Francisco-based guitarist Nick Rossi as they have you dancing in your seats to swing standards in the spirit of great violin-guitar duets like Grappelli & Reinhardt and Venuti & Lang.

Monday, January 17th, at 2pm

Strolling Violinist Pamela Page

Adding a little elegance to your special New Year, Pamela Page, a violinist with many years of experiences in the Bay Area, performing all types of music tailored to your preference. She will be performing with us on:

Monday, January 10th at 2pm

In the Living Room.



MASK POLICY:

Due to Covid-19, for safety precautions, we encourage Residents to face wear masks at all time throughout the concerts and programs.

SPECIAL EVENTS and DECEMBER CONCERTS



MEN'S LUNCH

Meet your fellow neighbors by joining us for a Men's Lunch on **Thursday, January 13th at 12pm in the Activity Room!** Bring an empty stomach with a story to share.



HORTICULTURE w/ John O'Hara

John O'Hara is a certified Master Gardener and Horticulturist. He will speak to residents about various interesting topics—all about plants, flowers, and more!

Tuesday, January 11th and 25th at 2pm (AR)



BAKING GROUP

This month we will be baking:

Coconut Macaroons

Friday, January 14th at 3pm.

Lemon Tart

Monday, January 31st at 3pm.



Arts & Crafts Projects This Month

Monday, January 17th

Martin Luther King Jr.

Saturday, January 22nd

Snowman Picture Frame

Monday, January 31st

Newspaper Polar Bear

SCENIC DRIVE:

Ed Levin

Sunday, January 2nd at 2pm.

Saratoga

Sunday, January 30th at 2pm.



Other Special Events and Activities

Brain Fitness**Monday, January 3, 10, 17, 24, and 31 at 10:00am**

Exercise your brain with a game of Scattegories, Crossword Puzzles, Trivia Challenge and many more!

Art Appreciation Program**Tuesday, January 4, 11, 18, and 25 at 3:15pm**

Art appreciation centers on the ability to view art throughout history, focusing on the cultures and the people, and how art developed in the specific periods. Learn more about this with our Foothill College instructor!

Balance Class w/ ONR**Thursday, January 6, 13, 20, and 27 at 3:30pm**

Join us in a variety of standing chair exercises to maintain and improve flexibility and balancing mobilities with ONR instructors. *Please Note: This is a STANDING CHAIR EXERCISE, for safety concerns, wheelchairs are not recommended.*

Current Events with Ken**Wednesday, January 5, 12, 19, and 26 at 10:15am**

Ken Peterson is a Foothill College instructor conducting many community-based current events group. As Foothill College is currently in distance-learning mode, his classes will continue to be conducted virtually. Learn more about his programs virtually through zoom! **MEETING ID: 977 0979 6548**

Horticulture Program with John O'Hara**Tuesday, January 11 and 25 at 2:00pm**

John O'Hara is a certified Master Gardener and Horticulturist. He will speak to residents about various interesting topics—all about plants, flowers, and more!

Music Appreciation Program**Friday, January 7, 14, 21, and 28 at 10:00am**

Explore the core elements of music through different sounds, instruments, and cultural differences taught by our Foothill College instructor.

Menu Meeting with Chef Colin**Thursday, January 27 at 2:30pm**

The monthly menu meeting is a wonderful opportunity for residents to provide direct feedback and influence on the menu-planning process. Director of Dining Services, Colin, will discuss menus and the dining services with residents.

Resident Meeting**Monday, January 3 at 2:30pm**

Join us for the monthly Residents Meeting. Li Li and Team will be on-hand to answer questions. Bring your ideas, suggestions, and feedback.

Book Club Meeting w/ Danni Burton**Tuesday, January 18 at 2:00pm**

Danni Burton, a Scottish Storyteller and author, invites you to join us in on our first book club meeting of the year. This month Book Club Meeting presents a historical, fiction novel called *Frog by Mo Yan*. Meeting located on 3FL.

FIELD TRIP OUTING: Palo Alto Art Center

The Palo Alto Art Center is owned and operated by the City of Palo Alto as a program of the Division of Arts and Sciences, Department of Community Services. It was created by the community, for the community in 1971, the Palo Alto Art Center provides an accessible and welcoming place to engage with art in a large diverse range of programs.

Sunday, January 16th at 2pm*(Sign up in the front desk. Limit 8 Residents.)*