
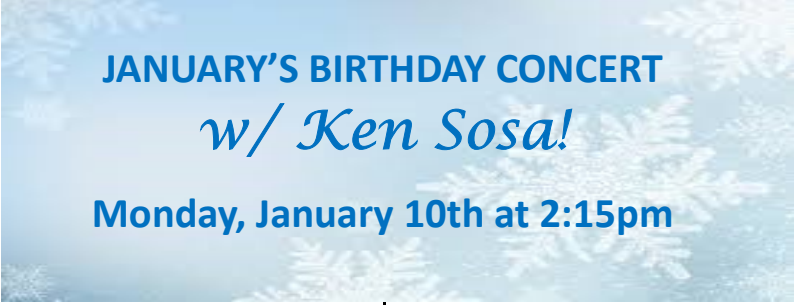



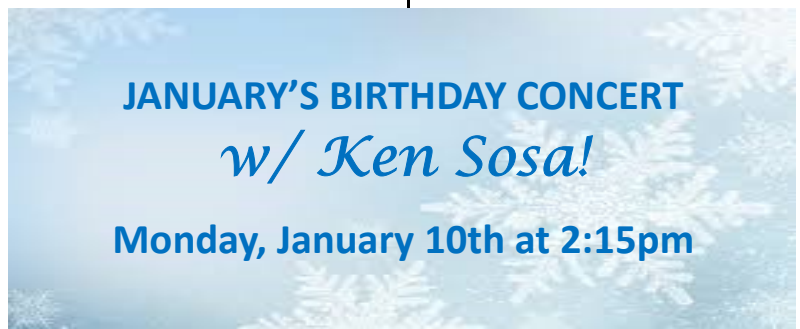




JANUARY 2022- ASPEN CLUB

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<p>1</p> <p>6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 Bingo 11:30 Lunch 12:30 Travel Reminiscing 1:00 Scenic Drive - Los Altos Hills or WAFFLE MAKING 2:00 Round Tables Reader 3:00 Exercise and Stretching 4:30 Dinner 5:30 Movie</p>
<p>2</p> <p>6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 Winter Arts & Crafts 11:30 Lunch 12:30 Round Table Readers 1:15 Nature Video and Discussions 2:30 Trivia 3:00 Afternoon Walk or Exercise & Stretching 3:30 Bean Bag Toss 4:30 Dinner 5:30 Movie</p>	<p>3</p> <p>6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 Bingo 11:30 Lunch 12:30 Flowers Reminiscing with Photos 1:00 Life Story Drawing—New Years 2:15 CONCERT w/ KIMBERLYE GOLD 3:30 Ring Toss 4:30 Dinner 5:30 Movie</p>	<p>4</p> <p>6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 BINGO 11:30 Lunch 12:30 Beach Ball Toss 1:00 Trivia & Games 2:45 Travel Reminiscing 3:30 Exercise & Stretching 4:30 Dinner 5:30 Movie</p>	<p>5</p> <p>6:30 Continental Breakfast/AM Rise! 7:45 Sing Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:15 Current Events & Puzzles 11:30 Lunch 12:30 Animal Reminiscing w/ Photos 1:00 Watercolor Painting 1:45 Afternoon Stretching 2:30 Conversation Starter Cards 3:00 Fruit Reminiscing 3:30 HISTORY READING—Theodore Roosevelt 4:00 Beach Ball Toss 4:30 Dinner and After-Dinner Movie</p>	<p>6</p> <p>6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:10 Arts and Craft 11:30 Lunch 12:30 Food Reminiscing w/Photos 1:00 Men's Club or Travel Reminiscing 2:30 Round Table Readers 3:00 Exercise & Stretching 3:30 Horseshoes 4:30 Dinner 5:30 Movie</p> <div style="text-align: right;">  </div>	<p>7</p> <p>6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 Alzheimer's Association Memories in the Making Painting 11:30 Lunch 12:30 Beach Ball Toss 1:00 HOT COCOA & COOKIES! 2:30 Reminiscing & Discussions 3:30 Volleyball w/ Music 4:30 Dinner 5:30 Movie</p>	<p>8</p> <p>6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 Bingo 11:30 Lunch 12:30 Travel Reminiscing 1:00 Scenic Drive - Mt. View Shoreline Lake or WAFFLE MAKING 2:30 Round Table Readers 3:00 Exercise and Stretching 4:30 Dinner 5:30 Movie</p>
<p>9</p> <p>6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 Winter Arts & Crafts 11:30 Lunch 12:30 Round Table Readers 1:15 Nature Video and Discussions 2:30 Trivia 3:00 Afternoon Walk or Exercise & Stretching 3:30 Bean Bag Toss 4:30 Dinner 5:30 Movie</p>	<p>10</p> <p>6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 Bingo 11:30 Lunch 12:30 Flowers Reminiscing with Photos 1:00 Life Story Drawing—Winter Vacation 2:15 BIRTHDAY CONCERT w/ KEN SOSA! 3:00 Exercise & Stretching 3:30 Ring Toss 4:30 Dinner 5:30 Movie</p>	<p>11</p> <p>6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 BINGO 11:30 Lunch 12:30 Beach Ball Toss 1:00 HORTICULTURE w/ John 2:45 Travel Reminiscing 3:30 Exercise & Stretching 4:30 Dinner 5:30 Movie</p>	<p>12</p> <p>6:30 Continental Breakfast/AM Rise! 7:45 Sing Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:15 BRAIN GAMES w/ CA GAME GIRLS 11:30 Lunch 12:30 Current Events & Puzzles 1:00 Watercolor Painting 1:45 Afternoon Exercise & Stretching 2:30 Conversation Starter Cards 3:00 Fruit Reminiscing 3:30 HISTORY READING—Beethoven & Music 4:00 Beach Ball Toss 4:30 Dinner and After-Dinner Movie</p>	<p>13</p> <p>6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:10 Arts and Craft 11:30 Lunch 12:30 Food Reminiscing w/Photos 1:00 Men's Club or Travel Reminiscing 2:30 HWM MUSIC THERAPY 3:30 Exercise & Stretching 4:00 Horseshoes 4:30 Dinner 5:30 Movie</p>	<p>14</p> <p>6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 Alzheimer's Association Memories in the Making Painting 11:30 Lunch 12:30 Beach Ball Toss 1:00 HOT COCOA & COOKIES! 2:30 Reminiscing & Discussions 3:30 Volleyball w/ Music 4:30 Dinner 5:30 Movie</p> <div style="text-align: right;">  </div>	<p>15</p> <p>6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 Bingo 11:30 Lunch 12:30 Travel Reminiscing 1:00 Scenic Drive - Palo Alto Bayland or WAFFLE MAKING 2:30 Round Table Readers 3:00 Exercise and Stretching 4:30 Dinner 5:30 Movie</p>
<p>16</p> <p>6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 Winter Arts & Crafts 11:30 Lunch 12:30 Round Table Readers 1:15 Nature Video and Discussions 2:30 Trivia 3:00 Afternoon Walk or Exercise & Stretching 3:30 Bean Bag Toss 4:30 Dinner 5:30 Movie</p>	<p>17 MLK, Jr. Day</p> <p>6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 Bingo 11:30 Lunch 12:30 Flowers Reminiscing with Photos 1:00 Life Story Drawing—MLK, Jr. 2:00 Exercise & Stretching 3:30 Ring Toss 4:30 Dinner 5:30 Movie</p>	<p>18</p> <p>6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 BINGO 11:30 Lunch 12:30 Beach Ball Toss 1:00 Trivia & Games 2:15 CONCERT w/ Lee Allen 3:00 Travel Reminiscing 3:30 Exercise & Stretching 4:30 Dinner 5:30 Movie</p>	<p>19</p> <p>6:30 Continental Breakfast/AM Rise! 7:45 Sing Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:15 Current Events & Puzzles 11:30 Lunch 12:30 Animal Reminiscing w/ Photos 1:00 Watercolor Painting 1:45 Afternoon Stretching 2:30 Conversation Starter Cards 3:00 Fruit Reminiscing 3:30 HISTORY READING — MLK, Jr. 4:00 Beach Ball Toss 4:30 Dinner and After-Dinner Movie</p>	<p>20</p> <p>6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:10 Arts and Craft 11:30 Lunch 12:30 Food Reminiscing w/Photos 1:00 CREATIVE VIBE MUSIC THERAPY 2:15 Men's Club or Travel Reminiscing 3:00 Exercise & Stretching 3:45 Horseshoes 4:30 Dinner 5:30 Movie</p>	<p>21</p> <p>6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 Alzheimer's Association Memories in the Making Painting 11:30 Lunch 12:30 Beach Ball Toss 1:00 HOT COCOA & COOKIES! 2:30 Reminiscing & Discussions 3:30 Volleyball w/ Music 4:30 Dinner 5:30 Movie</p>	<p>22</p> <p>6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 Bingo 11:30 Lunch 12:30 Travel Reminiscing 1:00 Scenic Drive - Los Altos Hills or WAFFLE MAKING 2:30 Round Table Readers 3:00 Exercise and Stretching 4:30 Dinner 5:30 Movie</p>
<p>23 / 30</p> <p>6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 Winter Arts & Crafts 11:30 Lunch 12:30 Round Table Readers 1:15 Nature Video and Discussions 2:30 Trivia 3:00 Afternoon Walk or Exercise & Stretching 3:30 Bean Bag Toss 4:30 Dinner 5:30 Movie</p>	<p>24 / 31</p> <p>6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 Bingo 11:30 Lunch 12:30 Flowers Reminiscing with Photos 1:00 Life Story Drawing—Holiday Cheers! 2:15 CONCERT w/ KEN SOSA! 3:00 Exercise & Stretching 3:30 Ring Toss 4:30 Dinner 5:30 Movie</p>	<p>25</p> <p>6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 BINGO 11:30 Lunch 12:30 Beach Ball Toss 1:00 HORTICULTURE w/ John 2:45 Travel Reminiscing 3:30 Exercise & Stretching 4:30 Dinner 5:30 Movie</p>	<p>26</p> <p>6:30 Continental Breakfast/AM Rise! 7:45 Sing Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:15 BRAIN GAMES w/ CA GAME GIRLS 11:30 Lunch 12:30 Current Events & Puzzles 1:00 Watercolor Painting 1:45 Afternoon Exercise & Stretching 2:30 Conversation Starter Cards 3:00 Fruit Reminiscing 3:30 HISTORY READING — Barack Obama 4:00 Beach Ball Toss 4:30 Dinner and After-Dinner Movie</p>	<p>27</p> <p>6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:10 Arts and Craft 11:30 Lunch 12:30 Food Reminiscing w/Photos 1:00 Men's Club or Travel Reminiscing 2:30 HWM MUSIC THERAPY 3:30 Exercise & Stretching 4:00 Horseshoes 4:30 Dinner 5:30 Movie</p>	<p>28</p> <p>6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 Alzheimer's Association Memories in the Making Painting 11:30 Lunch 12:30 Beach Ball Toss 1:00 HOT COCOA & COOKIES! 2:30 Reminiscing & Discussions 3:30 Volleyball w/ Music 4:30 Dinner 5:30 Movie</p>	<p>29</p> <p>6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Morning Stroll 10:20 Bingo 11:30 Lunch 12:30 Travel Reminiscing 1:00 Scenic Drive - Stanford or WAFFLE MAKING 2:30 Round Table Readers 3:00 Exercise and Stretching 4:30 Dinner 5:30 Movie</p>

JANUARY 2022-WILLOW CLUB

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Sorting Silverware/ Playing Cards 11:00 Ball Toss 11:30 Lunch 12:30 SING- ALONG 1:00 Board Games / Trivia 1:30 SCENIC DRIVE—Los Altos Hills or WAFFLE MAKING 2:30 Cooking Reminiscing 3:00 Afternoon Walks 3:30 Dancing w/ Ribbons 4:30 Dinner and After-Dinner Movie
2 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Sorting Playing Cars / Folding Napkins 11:00 Looking Through Pictures & Reminiscing 11:30 Lunch 12:30 Travel Reminiscing 1:00 Flower Arranging 1:40 Afternoon Stretching 2:30 Beach Ball Toss 3:00 Exercise & Stretching 3:30 Dancing w/ Scarves 4:30 Dinner 5:30 Movie	3 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Sorting & Polishing Silverware 11:00 Office Work 11:30 Lunch 12:30 SING-ALONG 1:00 Holiday Coloring 2:15 CONCERT w/ KIMBERLYE GOLD! 2:45 Exercise & Stretching 3:30 Volleyball 4:30 Dinner 5:30 Movie	4 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Puzzles 10:45 Sorting Socks & Baby Clothes 11:00 Looking Through Pictures & Reminiscing 11:30 Lunch 12:00 Hand Washing and Looks Re-do 12:30 SING-ALONG 1:00 Flower Arrangement 2:30 Travel Reminiscing / Word Games 3:00 Exercise & Stretching 3:30 Parachute Games 4:30 Dinner and After-Dinner Movies	5 7:45 Sing- Along Music Video 8:30 Breakfast 9:30 Sensory & Music 10:30 Reminiscing with Photos 11:30 Lunch 12:30 Sensory & Music 1:00 HISTORY READING—Theodore Roosevelt 1:45 Afternoon Stretching 2:30 Conversation Starter Cards 3:00 Exercise & Stretching 3:30 Parachute Games 4:00 Sing- Along 4:30 Dinner and After-Dinner Movie	6 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Puzzles 11:00 Looking Through Pictures & Reminiscing 11:30 Lunch 12:30 SING-ALONG 1:00 Men's Club or Travel Reminiscing 2:30 Round Table Readers 3:00 Exercise & Stretching 3:30 Dancing w/ Scarves 4:30 Dinner and 5:30 Movie 	7 6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Travel Reminiscing 11:00 Trivia Challenge 11:30 Lunch 12:30 SING- ALONG 1:00 HOT COCOA & COOKIES! 2:30 Reminiscing & Discussions 3:30 Volleyball w/ Music 4:30 Dinner 5:30 Movie	8 6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Sorting Silverware/ Playing Cards 11:00 Ball Toss 11:30 Lunch 12:30 SING- ALONG 1:00 Board Games / Trivia 1:30 SCENIC DRIVE—Stanford or WAFFLE MAKING 2:30 Cooking Reminiscing 3:00 Afternoon Walks 3:30 Dancing w/ Ribbons 4:30 Dinner and After-Dinner Movie
9 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Sorting Playing Cars / Folding Napkins 11:00 Looking Through Pictures & Reminiscing 11:30 Lunch 12:30 Travel Reminiscing 1:00 Flower Arranging 1:40 Afternoon Stretching 2:30 Beach Ball Toss 3:00 Exercise & Stretching 3:30 Dancing w/ Scarves 4:30 Dinner 5:30 Movie	10 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Sorting & Polishing Silverware 11:00 Office Work 11:30 Lunch 12:30 SING-ALONG 1:15 Round Table Readers 2:15 BIRTHDAY CONCERT w/ KEN SOSA! 3:00 Exercise & Stretching 3:30 Volleyball 4:30 Dinner 5:30 Movie	11 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Puzzles 11:00 Looking Through Pictures & Reminiscing 11:30 Lunch 12:00 Hand Washing and Looks Re-do 12:30 SING-ALONG 1:00 Horticulture w/ John O'Hara 2:30 Travel Reminiscing / Word Games 3:00 Exercise & Stretching 3:30 Parachute Games 4:30 Dinner and After-Dinner Movies	12 7:45 Sing- Along Music Video 8:30 Breakfast 9:30 Sensory & Music 10:30 BRAIN GAMES w/ CA GAME GIRLS 11:30 Lunch 12:30 Sensory & Music 1:00 HISTORY READING — Beethoven & Music 1:45 Afternoon Stretching 2:30 Conversation Starter Cards 3:00 Exercise & Stretching 3:30 Parachute Games 4:00 Sing- Along 4:30 Dinner and After-Dinner Movie	13 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Puzzles 11:00 Looking Through Pictures & Reminiscing 11:30 Lunch 12:30 SING-ALONG 1:00 Men's Club or Travel Reminiscing 2:30 HWM MUSIC THERAPY 3:30 Exercise & Stretching 4:00 Dancing w/ Scarves 4:30 Dinner and After-Dinner Movie	14 6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Travel Reminiscing 11:00 Trivia Challenge 11:30 Lunch 12:30 SING- ALONG 1:00 HOT COCOA & COOKIES! 2:30 Reminiscing & Discussions 3:30 Volleyball w/ Music 4:30 Dinner 5:30 Movie 	15 6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Sorting Silverware/ Playing Cards 11:00 Ball Toss 11:30 Lunch 12:30 SING- ALONG 1:00 Board Games / Trivia 1:30 SCENIC DRIVE—PA Bayland or WAF-FLE MAKING 2:30 Cooking Reminiscing 3:00 Afternoon Walks 3:30 Dancing w/ Ribbons 4:30 Dinner and After-Dinner Movie
16 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Sorting Playing Cars / Folding Napkins 11:00 Looking Through Pictures & Reminiscing 11:30 Lunch 12:30 Travel Reminiscing 1:00 Flower Arranging 1:40 Afternoon Stretching 2:30 Beach Ball Toss 3:00 Exercise & Stretching 3:30 Dancing w/ Scarves 4:30 Dinner	17 MLK, Jr. Day 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Sorting & Polishing Silverware 11:00 Office Work 11:30 Lunch 12:30 SING-ALONG 1:00 Holiday Coloring 2:00 Round Table Readers 3:00 Exercise & Stretching 3:30 Volleyball 4:30 Dinner 5:30 Movie	18 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Puzzles 10:45 Sorting Socks & Baby Clothes 11:00 Looking Through Pictures & Reminiscing 11:30 Lunch 12:00 Hand Washing and Looks Re-do 12:30 SING-ALONG 1:00 Reminiscing / Word Games 2:15 CONCERT w/ Lee Allen! 3:45 Exercise & Stretching 4:30 Dinner and After-Dinner Movies	19 7:45 Sing- Along Music Video 8:30 Breakfast 9:30 Sensory & Music 10:30 Reminiscing with Photos 11:30 Lunch 12:30 Sensory & Music 1:00 HISTORY READING—MLK, Jr. 1:45 Afternoon Stretching 2:30 Conversation Starter Cards 3:00 Exercise & Stretching 3:30 Parachute Games 4:00 Sing- Along 4:30 Dinner and After-Dinner Movie	20 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Puzzles 11:00 Looking Through Pictures & Reminiscing 11:30 Lunch 12:30 SING-ALONG 1:00 CREATIVE VIBE MUSIC THERAPY 2:15 Men's Club or Travel Reminiscing 3:00 Exercise & Stretching 4:00 Dancing w/ Scarves 4:30 Dinner and After-Dinner Movie	21 6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Travel Reminiscing 11:00 Trivia Challenge 11:30 Lunch 12:30 SING- ALONG 1:00 HOT COCOA & COOKIES! 2:30 Reminiscing & Discussions 3:30 Volleyball w/ Music 4:30 Dinner 5:30 Movie	22 6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Sorting Silverware/ Playing Cards 11:00 Ball Toss 11:30 Lunch 12:30 SING- ALONG 1:30 SCENIC DRIVE—Los Altos Hills or Waffle Making 2:30 Cooking Reminiscing 3:00 Afternoon Walks 3:30 Dancing w/ Ribbons 4:30 Dinner and After-Dinner Movie
23 / 30 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Sorting Playing Cars / Folding Napkins 11:00 Looking Through Pictures & Reminiscing 11:30 Lunch 12:30 Travel Reminiscing 1:00 Flower Arranging 1:40 Afternoon Stretching 2:30 Beach Ball Toss 3:00 Exercise & Stretching 3:30 Dancing w/ Scarves 4:30 Dinner	24 / 31 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Sorting & Polishing Silverware 11:00 Office Work 11:30 Lunch 12:30 SING-ALONG 1:00 Holiday Coloring 2:15 CONCERT w/ KEN SOSA! (24th) 3:00 Exercise & Stretching 3:30 Volleyball 4:30 Dinner 5:30 Movie	25 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Puzzles 11:00 Looking Through Pictures & Reminiscing 11:30 Lunch 12:00 Hand Washing and Looks Re-do 12:30 SING-ALONG 1:00 Horticulture w/ John O'Hara 2:30 Travel Reminiscing / Word Games 3:00 Exercise & Stretching 3:30 Parachute Games 4:30 Dinner and After-Dinner Movies	26 7:45 Sing- Along Music Video 8:30 Breakfast 9:30 Sensory & Music 10:30 BRAIN GAMES w/ CA GAME GIRLS 11:30 Lunch 12:30 Sensory & Music 1:00 HISTORY READING — Barack Obama 1:45 Afternoon Stretching 2:30 Conversation Starter Cards 3:00 Exercise & Stretching 3:30 Parachute Games 4:00 Sing- Along 4:30 Dinner and After-Dinner Movie	27 6:30 Continental Breakfast/AM Rise! 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Puzzles 11:00 Looking Through Pictures & Reminiscing 11:30 Lunch 12:30 SING-ALONG 1:00 Men's Club or Travel Reminiscing 2:30 HWM MUSIC THERAPY 3:30 Exercise & Stretching 4:00 Dancing w/ Scarves 4:30 Dinner and After-Dinner Movie	28 6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Travel Reminiscing 11:00 Trivia Challenge 11:30 Lunch 12:30 SING- ALONG 1:00 HOT COCOA & COOKIES! 2:30 Reminiscing & Discussions 3:30 Volleyball w/ Music 4:30 Dinner 5:30 Movie	29 6:30 Continental Breakfast/AM Rise 7:45 Sing-Along Music Video 8:30 Breakfast 9:40 Gentle Exercise & Stretching 10:20 Sorting Silverware/ Playing Cards 11:00 Ball Toss 11:30 Lunch 12:30 SING- ALONG 1:00 Board Games / Trivia 1:30 SCENIC DRIVE—Stanford or Waffle Making 2:30 Cooking Reminiscing 3:00 Afternoon Walks 3:30 Dancing w/ Ribbons 4:30 Dinner and After-Dinner Movie