

# The Currents



## HAPPY BIRTHDAY RESIDENTS!

**HAWK S.**

*May 5th*

**MARGE G.**

*May 5th*

**MAY S. .**

*May 12th*

**JOSEPH B.**

*May 19th*

**PENNY H.**

*May 27th*



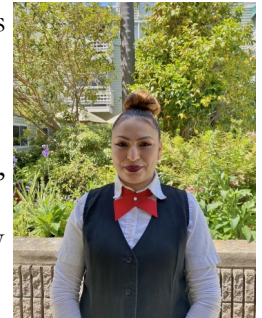
**Join May's Birthday Concert w/ Ian Scarfe on Monday, May 9th at 2pm in the Living Room!**



## MAY EMPLOYEE OF THE MONTH:

*Veronica Lima*

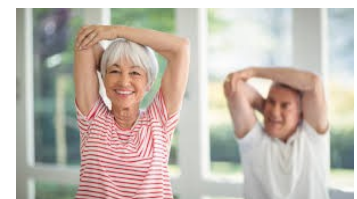
Each month, the Avant and Palo Alto Commons selects an Employee of the Month, and this month's recipient is Veronica Lima! Veronica is our Dining Room staff in Assisted Living. She has been working at Palo Alto Commons for 5 years! Veronica quoted, "I was surprise, shocked, and excited when I found out I was Employee of the Month." Veronica was born and raised in the Bay Area. Her hobbies are doing make up, tennis, and basketball. She quoted, "I enjoy spending time with the residents. They are funny and full of life. They always have stories and knowledges to share. I am so blessed to have opportunity to meet everyone at the Commons." Colin, Veronica supervisor, quoted Veronica as a "positive attitude employee, who's detailed oriented and reliable."



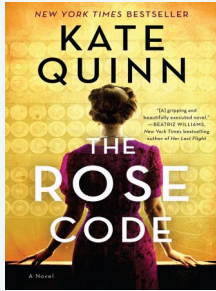
*launch party!*

Wellness Quest Launch Party is an event hosted by the Activity Department to help residents understand the benefits of activities and how it plays on beneficial role on your overall physical, cognitive, emotional, and spiritual wellbeing. And of course, a great opportunity to meet your fellow neighbors while having fun! Enjoy the Hawaiian theme activities, food, drinks, and a special guest speaker, Laura Carrillo!

**Thursday, May 19th at 2:00pm  
in the Activity Room.**



# Special Events and Programs



## BOOK CLUB

**Danni Burton**, a Scottish Storyteller and author, invites you to join this month Book Club on a historical, heart-stopping World War II fiction novel, called “The Rose Code” by Kate Quinn.

**Monday, May 30th at 2:00pm in the Hobby Room.**

## Arts & Crafts Projects

**Sunday, May 7th**  
*Mother’s Day Card-Making*

**Tuesday, May 17th**  
*May Flower Basket*

**Sunday, May 21st**  
*Mason Jar Lid Photo Magnet*



## BAKING GROUP

This month we will be baking:

*Cinnamon Rolls*

**Friday, May 6th at 3pm.**

## MEN’S LUNCH

Meet your fellow neighbors by joining us for a Men’s Lunch on **Thursday, May 26th at 12:00pm in the Activity Room!** Bring an empty stomach with a story to share.



## PICNIC IN THE PARK



Enjoy the fresh spring air and lovely sunshine, while eating lunch at the park with good companies! Join us on **Friday, May 13rd at 12:00pm.** We will be having lunch at **Robles Park in Palo Alto.** Deadline to sign up is Wednesday, April 20th. We will ask you to give us your sandwich preference so that we can prepare a brown bag lunch— consisting of a sandwich , chips, fruits, dessert, and a beverage— just for you!

**MOTHER'S DAY CONCERT**  
*Saint Gabriels Celestial*



*The Saints Are Coming! The Saints Are Coming!*

Saint Gabriel's Celestial Brass Band is the "Only" Authentic  
New Orleans Traditional Jazz And Mardi Gras  
Marching Band west of New Orleans!

Join us for a special concert this

**MOTHER'S DAY**  
**SUNDAY, MAY 8 AT 3:30PM.**

# Special May Concerts

## LEE ALLEN

Lee Allen, a solo jazz pianist who also provides the sound of full professional jazz trio. Lee Allen's music is of a unique style—popular music influence by classical/roma structures and performed in a jazz-trio motif will perform with us onntic:

**Tuesday May 3rd at 3:30pm in the Lounge**



## IAN SCARFE



Ian Scarfe enjoys a wide ranging career as an advocate for music. Initially following directions to become a piano soloist, he quickly discovered the joys of diversifying his work. As a performer he is equally comfortable as a soloist, accompanying recital partners, or in the mix of a small or large ensemble. As a speaker, he is a frequent lecturer during formal concerts, a host and emcee during casual musical events, and also a narrator to children's programs. As a musical entrepreneur, he keeps a busy travel schedule across the United States and Europe organizing concerts, tours, and festivals.

**Monday, May 9th and 23rd at 3:00pm in the Lounge**

## JOHNNY FABULOUS

Johnny Fabulous brings music and laughter through stories and song. Weaving humor through his repertoire of classics from the great American songbook, you'll hear songs from Cole Porter, Irving Berlin, and George Gershwin as well as some your favorite movie songs with many laughs along the way. Johnny Fabulous performs hundreds of shows for thousands of seniors throughout northern California every year with great conviction that music and laughter is still the best medicine.



**Sunday, May 15th at 3:15pm in the Lounge**

### MASK POLICY:

Due to Covid-19, for safety precautions, we encourage Residents to face wear masks at all time throughout the concerts and programs.

# More May Concerts!

## THE MONATS

**Emi Igarashi (violin)** born in Tokyo and began violin lessons when she was seven. She studied with Mr. Shiro Sumi in Tokyo when she was a teenager. She plays ensembles with musicians in the U.S. and Japan. She plays a violin commissioned to a local luthier, Lawrence Houssler (2016, Palo Alto, California), and one by François Lejeune (1775, Paris, France).

**Steffen Luitz (cello)** born in Germany and has broad experience in playing in a university orchestra and various local chamber music groups in Germany, France, and the U.S. He is a physicist working at SLAC in Menlo Park, California.

**Norman Furuta (piano)** studied piano during his grammar school years in Southern California and started playing chamber music as a way of taking his mind off the grind of law school. His retirement forty years later has enabled Norm to reengage with his chamber music friends in the Bay Area. Norm's latest obsession is tracking down and playing arrangements of the four Brahms symphonies for violin, cello, and piano.



**Together, they are the Monats, performing a special concert with us on  
Sunday, May 22nd at 2:00pm in the Living Room**



**Stephen S. Gill** has performed professionally with Theatreworks, American Musical Theatre, and San Jose Stage Company. He has also performed with West Bay Opera Company and Foothill Musical Theatre. His favorite roles include Arthur, Billy Bigelow, Candide, Nemorino and Avram.

**Karl Franzen** has played and sung with a multitude of Bay Area groups which include Harmon's Peak, Broceliande, Four Shilling Short, and many others. He specializes in folk, Renaissance, and Medieval music. He is also currently acting, singing, and playing guitar in "Cervantes: Champion of Lost Causes."

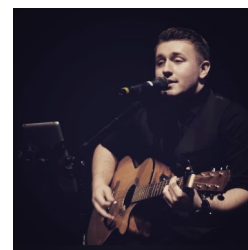
**Mollie Hudner Thompson**, attorney and mother of three school aged boys, has performed with many musical ensembles, chorales, rock bands, performing everything from Madonna to Gershwin.

**Together, the trio will be performing with us on  
Monday, May 16th at 4:00pm in the Living Room**

## MEMORIAL DAY CONCERT

Returned by popular demands, solo guitarist, **Joseph Wilkes**, providing a wide varieties of the 40s, 50s & 60s classic hits, hoping to bring joy and memories to Residents lives this Memorial Day! Join us on:

**Monday, May 30th at 3:00pm in the Living Room.**



## Other Special Events and Activities

### Brain Fitness

**Monday, May 2, 9, 16, 23, and 30 at 10:00am**

Exercise your brain with a game of Scattegories, Word Mining, Trivia Challenge and many more!

### Art Appreciation Program with Lori

**Tuesday, May 3, 19, 17, 24, and 31 at 3:00pm**

Art appreciation centers on the ability to view art throughout history, focusing on the cultures and the people, and how art developed in the specific periods. Learn more about this with our Foothill College instructor!

### Current Events with Ken

**Wednesday, May 4, 11, 18, and 25 at 10:15am**

Ken Peterson is a Foothill College instructor conducting many community-based current events group. As Foothill College is currently in distance-learning mode, his classes will continue to be conducted virtually. Learn more about his programs virtually through zoom! **MEETING ID: 977 0979 6548**

### Balance Class with ONR

**Thursday, May 5, 12, 19, and 26 at 3:30pm**

Join us in a variety of standing chair exercises to maintain and improve flexibility, and balancing mobilities with ONR instructors. *Please Note: This is a STANDING CHAIR EXERCISE, for safety concerns, wheel-chairs are not recommended.*

### Music Appreciation Program with Tina

**Friday, May 6, 13, 20, and 27 at 10:00am**

Explore the core elements of music through different sounds, instruments, and cultural differences taught by our Foothill College instructor.

### Horticulture Program with John O'Hara

**Tuesday, May 10 and 24 at 2:00pm**

John O'Hara is a certified Master Gardener and Horticulturist. He will speak to residents about various interesting topics—all about plants, flowers, and more!

### Menu Meeting with Chef Colin

**Friday, May 13 at 2:30pm**

The monthly menu meeting is a wonderful opportunity for residents to provide direct feedback and influence on the menu-planning process. Director of Dining Services, Colin, will discuss menus and the dining services with residents.

### Resident Meeting

**Friday, May 27 at 2:30pm**

Join us for the monthly Residents Meeting. Li Li and Team will be on-hand to answer questions. Bring your ideas, suggestions, and feedback.

### Book Club Meeting w/ Danni Burton

**Monday, May 30 at 2:00pm**

Danni Burton, a Scottish Storyteller and author, invites you to join our monthly book club meeting. This month Book Club Meeting presents a historical WWII, fiction novel called "*The Rose Code*" by *Kate Quinn* located in the Hobby Room.

### SCENIC DRIVE:

#### Coyote Point

*Sunday, May 1st at 2pm.*

#### Woodside

*Sunday, May 29th at 2pm.*

