

MAY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY															
1 9:30am Fitness Class (Lge) 12:00pm Neighborhood Walking Group to <i>Robles Park</i> (Limit: 6 residents; sign up) 2:00pm Matinee Movie (MR) 7:30pm Movie Night (MR)	2 9:30am Fitness w/Ev (Lge) 9:30am Aquatics w/Les (Pool) 11:00am Walking Group: Palo Alto Baylands (Sign Up. Limit 6 Residents) 2:00pm Flower Arranging for Dining Room (Sol) 7:30pm Movie Night (MR)	3 9:30am Fitness Class w/ Carina (Lge) 11:00am POETRY READING (MR) 2:00pm Meditation Tai Chi (MR) 3:30pm CONCERT w/ Lee Allen (Lge) 7:30pm Movie Night (MR) Deadline: May 4th Filoli Historic House	4 9:30am Balance Class w/ Rehab Go (Lge) 10:15am Current Events w/ Ken (Zoom) 2:00pm Chair Yoga w/ Jiin (Lge) 7:30pm Movie Night (MR) Deadline: May 7th Hoover Tower Exhibition	5 Cinco de Mayo 9:30am Fitness w/Ev (Lge) 9:30am Aquatics w/Les (Pool) 11:00am GARDENING (CY) 1:00pm ART & CRAFT: Tissue Paper Flowers (Sol) 3:00pm Cinco de Mayo Ice Cream Social (Lge) 7:30pm Cinco De Mayo Concert w/ Stephen Gills (Lge)	6 9:30am Balance Class w/ Rehab Go (Lge) 11:00am Mother's Day Flowers Arranging (Sol) 1:00pm Mitchell's Park Library Outing (Sign Up. Limit 8 Residents) 3:30pm HAPPY HOUR (CY) 7:30pm Movie Night	7 9:30am Fitness Class (Lge) 11:00am FIELD TRIP OUTING: Filoli Historic House (Sign up. Limit 8 Residents) 2:00pm Movie Matinee (MR) 7:30pm Movie Night (MR) Deadline: May 9th The Foster Museum															
8 MOTHER'S DAY 9:30am Fitness Class (Lge) 12:00pm Bocce Ball 2:00pm Matinee Movie (MR) 3:30pm MOTHER'S DAY CONCERT w/ St. Gabriels Brass Band (Lge) 7:30pm Movie Night (MR) Deadline: May 9th Lunch Outing- Indo Restaurant	9 9:30am Fitness w/Ev (Lge) 9:30am Aquatics w/Les (Pool) 11:00am FIELD TRIP OUTING: Hoover Tower Exhibition Gallery (Sign Up. Limit 7 Residents) 3:00pm CONCERT w/ Ian Scarfe (Lge) 7:30pm Movie Night (MR) TRIVIA DINNER NIGHT!	10 9:30am Fitness Class w/ Carina (Lge) 12:00pm LUNCH OUTING: INDO Restaurant & Lounge (Sign Up. Limit 8 Residents) 2:00pm Meditation Tai Chi (MR) 3:00pm Documentary Video (MR) 7:30pm Movie Night (MR)	11 9:30am Balance Class w/ Rehab Go (Lge) 10:15am Current Events w/ Ken (Zoom) 2:00pm Chair Yoga w/ Jiin (Lge) 7:30pm Movie Night (MR) Deadline: May 13th Municipal Rose Garden	12 9:30am Fitness w/Ev (Lge) 9:30am Aquatics w/Les (Pool) 11:00am GARDENING (CY) 2:00pm ART & CRAFT: 3D Flower Cards 7:30pm Movie Night (MR)	13 9:30am Balance Class w/ Rehab Go (Lge) 10:30am Opera & Music Lecture w/ Deborah (MR) 1:30pm TECH TALK w/ Curtis (MR) 2:45pm FIELD TRIP OUTING: The Foster Museum (Limit 6 Residents) 3:30pm HAPPY HOUR (CY) 7:30pm Movie Night (MR)	14 9:30am Fitness Class (Lge) 11:00am FIELD TRIP OUTING: Municipal Rose Garden, San Jose (Sign Up. Limit 8 Residents) 2:00pm Movie Matinee (MR) 7:30pm Movie Night (MR)															
15 9:30am Fitness Class (Lge) 12:00pm Neighborhood Walking Group to <i>Robles Park</i> (Limit: 6 residents; sign up) 2:00pm Matinee Movie (MR) 3:30pm Concert w/ Johnny Fabulous! (Lge) 7:30pm Movie Night (MR)	16 9:30am Fitness w/Ev (Lge) 9:30am Aquatics w/Les (Pool) 11:00am WALKING GROUP: Baylands Park Sunnyvale. (Sign Up. Limit 6 Residents) 2:00pm Flower Arranging for Dining Room (Sol) 7:30pm Movie Night (MR)	17 9:30am Fitness w/Carina (Lge) 11:00am POETRY READING (MR) 1:00pm Afternoon Games: The Mexican Train (Sol) 2:00pm Meditation Tai Chi (MR) 7:30pm Movie Night (MR)	18 9:30am Balance Class w/ Rehab Go (Lge) 10:15am Current Events w/ Ken (Zoom) 2:00pm Chair Yoga w/ Jiin (Lge) 7:30pm Movie Night (MR) Deadline: May 19th San Jose Museum of Art	19 9:30am Fitness w/Ev (Lge) 9:30am Aquatics w/Les (Pool) 11:00am GARDENING (CY) 12:00pm MENU MEETING (Sol) <div style="border: 1px solid black; padding: 5px; text-align: center;"> 3:00pm RESIDENT'S BIRTHDAY PARTY (Lge) </div> 7:30pm Movie Night (MR)	20 9:30am Balance Class w/ Rehab Go (Lge) 10:30am Opera & Music Lecture w/Deborah (MR) 1:00pm ART & CRAFT: May Flower Basket (Sol) 3:30pm WELCOMING NEW RESIDENT'S HAPPY HOUR (CY) 7:30pm Movie Night (MR)	21 9:30am Fitness Class (Lge) 11:00am FIELD TRIP OUTING: San Jose Museum of Art (Sign Up. Limit 8 Residents) 2:00pm Movie Matinee (MR) 7:30pm Movie Night (MR) Deadline: May 22nd Lunch Outing- Green Elephant															
22 9:30am Fitness Class (Lge) 11:00am DRUGSTORE OUTING: Walgreens (Sign Up) 1:00pm CONCERT w/ Monats (Lge) 2:00pm Movie Matinee (MR) 7:30pm Movie Night (MR)	23 9:30am Fitness w/Ev (Lge) 9:30am Aquatics w/Les (Pool) 1:00pm SING ALONG w/ Portor (Sol) 3:00pm CONCERT w/ Ian Scarfe (Lge) 7:30pm Movie Night (MR) TRIVIA DINNER NIGHT!	24 9:30am Fitness w/Carina (Lge) 12:00am LUNCH OUTING: Green Elephant Gourmet (Sign Up. Limit 6 Residents) 2:00pm Meditation Tai Chi (MR) 3:00pm Documentary Video (MR)	25 9:30am Balance Class w/ Rehab Go (Lge) 10:15am Current Events w/ Ken (Zoom) 2:00pm Chair Yoga w/ Jiin (Lge) 7:30pm Movie Night (MR) Deadline: May 26th Computer History Museum	26 9:30am Fitness w/Ev (Lge) 9:30am Aquatics w/Les (Pool) 12:00pm RESIDENT'S MEETING (Sol) 3:00pm BOOK CLUB MEETING (Sol) 7:30pm Movie Night (MR)	27 9:30am Balance Class w/ Rehab Go (Lge) 11:15am Musical Theater Lecture w/ Bonnie Weiss (MR) 1:30pm TECH TALK w/ Curtis (MR) 3:30pm HAPPY HOUR (CY) 7:30pm Movie Night	28 9:30am Fitness Class (Lge) 11:00am FIELD TRIP OUTING: Computer History Museum , Mtn. View (Sign Up. Limit 8 Residents) 2:00pm Movie Matinee (MR) 2:00pm Movie Matinee (MR)															
29 9:30am Fitness Class (Lge) 12:00pm Neighborhood Walking Group to <i>Robles Park</i> (Limit: 6 residents; sign up) 2:00pm Movie Matinee (MR) 7:30pm Movie Night (MR)	30 MEMORIAL DAY 9:30am Fitness w/Ev (Lge) 9:30am Aquatics w/Les (Pool) 11:00am Walking Group: Shoreline Park (Sign Up. Limit 6 Residents) 1:00pm Flower Arranging for Dining Room (Sol) 2:00pm MEMORIAL DAY CONCERT w/ Joseph Wilkes (Lge) 7:30pm Movie Night (MR)	31 9:30am Fitness w/Carina (Lge) 11:00am POETRY READING (MR) 12:00pm COOKING DEMO w/ Chef Colin (Lge) 2:00pm Meditation Tai Chi (MR) 7:30pm Movie Night (MR)	<div style="border: 2px solid black; padding: 10px;">  <table style="margin-left: 20px;"> <tr> <td>Lge</td> <td>Lounge</td> <td>1st Floor</td> </tr> <tr> <td>CY</td> <td>Courtyard</td> <td>1st Floor</td> </tr> <tr> <td>MR</td> <td>Media Room</td> <td>2nd Floor</td> </tr> <tr> <td>Sol</td> <td>Solarium</td> <td>3rd Floor</td> </tr> <tr> <td>Zoom</td> <td>In Apartment or Media Room</td> <td></td> </tr> </table> </div>			Lge	Lounge	1st Floor	CY	Courtyard	1st Floor	MR	Media Room	2nd Floor	Sol	Solarium	3rd Floor	Zoom	In Apartment or Media Room		 THE AVANT A WellQuest Living Community
Lge	Lounge	1st Floor																			
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