

JUNE 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 PALO ALTO COMMONS <small>A WellQuest Living Community</small> ASSISTED LIVING			1 10:00am CURRENT EVENTS w/ Ken (AR) 11:00am EXERCISE w/ Ines (LR) 2:00pm HEALTH & RELAXATION w/ Lori (AR) 3:00pm ART APPRECIATION (AR) 7:00pm MOVIE NIGHT (LR)	2 10:00am NATURE VIDEO: Tales of Nature (AR) 11:00am EXERCISE w/ EV 2:00pm BINGO (AR) 3:30pm BALANCE CLASS w/ ONR (LR) 7:00pm MOVIE NIGHT (LR)	3 10:00am MUSIC APPRECIATION w/ Tina (AR) 11:00am EXERCISE w/ Jorge (LR) 2:00pm BINGO (AR) 3:00pm BAKING GROUP: Coconut Macaroons (AR) 7:00pm MOVIE NIGHT (LR)	4 9:30am SHOPPING TRIP (Sign Up) 10:00am REMINISCING THE 1950s (AR) 11:00am EXERCISE (LR) 2:00pm SING ALONG 3:00pm NEIGHBORHOOD SHORT WALK (Sign Up, Limit 4) 7:00pm MOVIE NIGHT (LR)
5 9:30am CHURCH TRANSPORT 10:00am HISTORY VIDEO: Deep Time History (AR) 11:00am EXERCISE (LR) 2:00pm SCENIC DRIVE: Palo Alto/Stanford 2:15pm MATINEE MOVIE (LR) 7:00pm MOVIE NIGHT (LR)	6 10:00am BRAIN FITNESS: Trivia Challenge (AR) 11:00am EXERCISE w/ EV (LR) 2:00pm BIRTHDAY CONCERT w/ Lee Allen (AR) 3:00pm GIANT SCRABBLE (LR) 7:00pm MOVIE NIGHT (LR) TRIVIA DINNER NIGHT!	7 HAPPY BDAY SYLIVA W.! 10:00am RELAXATION COLORING (AR) 11:00am EXERCISE w/ Ines (LR) 2:00pm THE MEXICAN TRAIN with Ines (AR) RESIDENT STORE OPEN (2nd FL) From 3:00pm -3:30pm	8 10:00am CURRENT EVENTS w/ Ken (AR) 11:00am EXERCISE w/ Ines (LR) 2:00pm HEALTH & RELAXATION w/ Lori (AR) 3:00pm ART APPRECIATION (AR) 7:00pm MOVIE NIGHT (LR)	9 10:00am NATURE VIDEO: Tales of Nature (AR) 11:00am EXERCISE w/ EV 2:00pm BINGO (AR) 3:30pm BALANCE CLASS w/ ONR (LR) 7:00pm MOVIE NIGHT (LR)	10 10:00am MUSIC APPRECIATION w/ Tina (AR) 11:00am EXERCISE w/ Jorge (LR) 12:00pm PICNIC IN THE PARK 2:30pm MENU MEETING (DR) <div style="background-color: #d9ead3; padding: 5px; text-align: center;"> HAPPY HOUR From 3:00pm to 4:00pm </div> 7:00pm MOVIE NIGHT (LR)	11 9:30am SHOPPING TRIP (Sign Up) 10:00am SHORT STORY: Day at the Deli (AR) 11:00am EXERCISE (LR) 2:00pm VIOLIN RECITAL w/ Ranjana (LR) 3:00pm NEIGHBORHOOD SHORT WALK (Sign Up, Limit 4) 7:00pm MOVIE NIGHT (LR)
12 9:30am CHURCH TRANSPORT 10:00am HISTORY VIDEO: Deep Time History (AR) 11:00am EXERCISE (LR) 2:00pm SCENIC DRIVE: Crystal Spring (Sign Up, Limit 8) 2:00pm MATINEE MOVIE (LR) 7:00pm MOVIE NIGHT (LR)	13 10:00am BRAIN FITNESS: Scattegories (AR) 11:00am EXERCISE w/ EV (LR) 2:00pm WOMEN'S CHORUS GROUP CONCERT (LR) 3:00pm FLOWER ARRANGING for Dining Room (AR) 7:00pm MOVIE NIGHT (LR)	14 HAPPY BDAY ROBERT M.! 10:00am RELAXATION COLORING (AR) 11:00am EXERCISE (LR) 2pm HORTICULTURE w/ John (CY) 3:00pm DRUGSTORE OUTING: Walgreens (Sign Up, Limit 6) RESIDENT STORE OPEN (2nd FL) From 3:00pm -3:30pm	15 10:00am CURRENT EVENTS w/ Ken (AR) 11:00am EXERCISE (LR) 2:00pm HEALTH & RELAXATION w/ Lori (AR) 3:00pm ART APPRECIATION (AR) 7:00pm MOVIE NIGHT (LR)	16 10:00am NATURE VIDEO: Tales of Nature (AR) 11:00am EXERCISE w/ EV 2:00pm BINGO (AR) 3:00pm GARDENING w/ Jenny (CY) 3:30pm BALANCE CLASS w/ ONR (LR) 7:00pm MOVIE NIGHT (LR)	17 10:00am MUSIC APPRECIATION w/ Tina (AR) 11:00am EXERCISE w/ Jorge (LR) 1:30pm LIBRARY OUTING: Mitchell's Park (Sign Up) 2:00pm JEOPARDY (AR) 3:00pm SHABBAT (AR) 7:00pm MOVIE NIGHT (LR)	18 9:30am SHOPPING TRIP (Sign Up) 10:00am ART & CRAFT: Bird Feeder 11:00am EXERCISE (LR) 2:00pm PIANO RECITAL w/ Poicma (LR) 3:00pm NEIGHBORHOOD SHORT WALK (Sign Up, Limit 4)
19 Father's Day 9:30am CHURCH TRANSPORT 10:00am HISTORY VIDEO: Deep Time History (AR) 11:00am EXERCISE (LR) 2:00pm FATHER'S DAY CONCERT w/ Broceliande (LR) 3:15pm MATINEE MOVIE (LR) 7:00pm MOVIE NIGHT (LR)	20 10:00am BRAIN FITNESS: FATHERS DAY word mining (AR) 11:00am EXERCISE w/ EV (LR) 2:15pm PHOTOGRAPHY TALK w/ Joan Sparks (AR) 3:00pm BINGO (AR) 7:00pm MOVIE NIGHT (LR) TRIVIA DINNER NIGHT!	21 10am RELAXATION COLORING (AR) 11:00am EXERCISE w/ Ines (LR) 12:00pm LUNCH OUTING: Pacific Catch (Sign up, Limit 8) 2:00pm CONCERT with Ian Scarfe and Roseminna Watson (LR) RESIDENT STORE OPEN (2nd FL) From 3:00pm -3:30pm	22 10:00am CURRENT EVENTS w/ Ken (AR) 11:00am EXERCISE w/ Ines (LR) 2:00pm HEALTH & RELAXATION w/ Lori (AR) 3:00pm ART APPRECIATION (AR) 7:00pm MOVIE NIGHT (LR)	23 10:00am NATURE VIDEO: Tales of Nature (AR) 11:00am EXERCISE w/ EV 2:00pm BOOK CLUB w/ Danni (AR) 2:00pm COOKING DEMO (LR) 3:30pm BALANCE CLASS w/ ONR (LR) 7:00pm MOVIE NIGHT (LR)	24 10:00am MUSICAL VIDEO: Take Me Out to the Ball Game (AR) 11:00am EXERCISE w/ Jorge (LR) 2:30pm RESIDENT'S MEETING (DR) <div style="background-color: #d9ead3; padding: 5px; text-align: center;"> WELCOMING NEW RESIDENTS HAPPY HOUR From 3:00pm to 4:00pm </div> 7:00pm MOVIE NIGHT (LR)	25 HAPPY BDAY GEORGE G.! 9:30am SHOPPING TRIP (Sign Up) 10:00am ART & CRAFT: Wood Painting (AR) 11:00am EXERCISE (LR) 2:00pm SING ALONG 3:00pm NEIGHBORHOOD SHORT WALK (Sign Up, Limit 4) 7:00pm MOVIE NIGHT (LR)
26 9:30am CHURCH TRANSPORT 10:00am HISTORY VIDEO: Deep Time History (AR) 11:00am EXERCISE (LR) 2:00pm FIELD TRIP: PA Junior Museum and Zoo (Sign Up) 2:15pm MATINEE MOVIE (LR) 7:00pm MOVIE NIGHT (LR)	27 HAPPY BDAY MOLLIE S.! 10:00am BRAIN FITNESS: A-Z Games (AR) 11:00am EXERCISE w/ EV (LR) 12:00pm MENS LUNCH (AR) 2:00pm CONCERT w/ Benito (LR) 3:15pm FLOWER ARRANGING for Dining Room (AR) 7:00pm MOVIE NIGHT (LR)	28 HAPPY BDAY JUDY N.! 10:00am RELAXATION COLORING (AR) 11:00am EXERCISE w/ Ines (LR) 2:00pm HORTICULTURE w/ John (CY) 3:00pm ART APPRECIATION with Lori (AR)	29 10:00am CURRENT EVENTS w/ Ken (AR) 11:00am EXERCISE w/ Ines (LR) 2:00pm HEALTH & RELAXATION w/ Lu (AR) RESIDENT STORE OPEN (2nd FL) From 3:00pm -3:30pm 7:00pm MOVIE NIGHT (LR)	30 10:00am NATURE VIDEO: Tales of Nature (AR) 11:00am EXERCISE w/ EV 2:00pm BINGO (AR) 3:30pm BALANCE CLASS w/ ONR (LR) 7:00pm MOVIE NIGHT (LR)	<div style="border: 2px solid #0070c0; padding: 10px;">  <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="background-color: #0070c0; color: white; padding: 5px; border-radius: 5px;">  Stimulate Your Mind </div> <div style="background-color: #0070c0; color: white; padding: 5px; border-radius: 5px;">  Motivate Your Body </div> <div style="background-color: #0070c0; color: white; padding: 5px; border-radius: 5px;">  Rejuvenate Your Spirit </div> </div> </div>	