

AUGUST 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>ASSISTED LIVING</p>	<p>1 10AM BRAIN FITNESS: Spelling Trivia on iN2L (AR) 11AM EXERCISE w/ EV (LR) 2PM CONCERT w/ Lee Allen (LR) 3:15PM GIANT CRAZY 8's (LR) 7PM MOVIE NIGHT (LR) TRIVIA DINNER NIGHT!</p>	<p>2 10AM RELAXATION COLORING (AR) 11AM EXERCISE (LR) 2PM BLACKJACK (AR) 3PM ART APPRECIATION w/ Lori (AR)</p>	<p>3 10AM CURRENT EVENTS w/ Ken (AR) 11AM EXERCISE (LR) 2PM HEALTH & RELAXATION (AR) RESIDENT STORE (2nd FL) From 3:00pm -3:30pm 7PM MOVIE NIGHT (LR)</p>	<p>4 10AM NATURE VIDEO: The National Parks by Ken Burns (AR) 11AM EXERCISE w/ EV (LR) 2PM BINGO (AR) 3:30PM BALANCE CLASS w/ ONR (LR) 7PM MOVIE NIGHT (LR)</p>	<p>5 10AM MUSIC APPRECIATION w/ Tina (AR) 11AM EXERCISE (LR) 1PM LIBRARY OUTING to Michelle's Park (Sign Up. Meet in Lobby) HAPPY HOUR 3:00pm—4:00pm 7PM MOVIE NIGHT (LR)</p>	<p>6 9:30AM SHOPPING TRIP (Sign Up) 10AM ART & CRAFT: Wood Truck Painting (AR) 11AM EXERCISE (LR) 2PM SING ALONG (LR) 3:15PM NEIGHBORHOOD WALKING GROUP (Meet in Lobby. Limit 4) 7PM MOVIE NIGHT (LR)</p>
<p>7 9:30AM CHURCH TRANSPORT 10AM HISTORY VIDEO: The Great War (AR) 11AM EXERCISE (LR) 2PM SCENIC DRIVE: Coyote Point (Sign Up. Meet in Lobby) 2PM MATINEE MOVIE (LR) 7PM MOVIE NIGHT (LR)</p>	<p>8 10AM BRAIN FITNESS: Name that Sound on iN2L (AR) 11AM EXERCISE w/ EV (LR) 2PM FLOWER ARRANGING for Dining Room (AR) 3PM THE MEXICAN TRAIN (AR) 7PM MOVIE NIGHT (LR)</p>	<p>9 10AM RELAXATION COLORING (AR) 11AM EXERCISE (LR) 12PM LUNCH OUTING: Armadillo Willy's (Sign Up. Limit 8) 2PM BINGO (AR) 3PM ART APPRECIATION w/ Lori</p>	<p>10 10AM CURRENT EVENTS w/ Ken (AR) 11AM EXERCISE (LR) 2PM HEALTH & RELAXATION (AR) RESIDENT STORE (2nd FL) From 3:00pm -3:30pm 7PM MOVIE NIGHT (LR)</p>	<p>11 10AM NATURE VIDEO: The National Parks by Ken Burns (AR) 11AM EXERCISE w/ EV (LR) 2PM BIRTHDAY CONCERT w/ Joseph Wilkes 3:30PM BALANCE CLASS w/ ONR (LR) 7PM MOVIE NIGHT (LR)</p>	<p>12 Happy Bday Craig B.! 10AM MUSIC APPRECIATION w/ Tina (AR) 11AM EXERCISE (LR) 12PM PICNIC IN THE PARK (Sign Up) 2:30PM MENU MEETING (DR) 3PM BAKING GROUP: Pig in the Blanket (AR) 7PM MOVIE NIGHT (LR)</p>	<p>13 9:30AM SHOPPING TRIP (Sign Up) 10AM ART & CRAFT: DIY Coaster (AR) 11AM EXERCISE (LR) 2PM SING ALONG (LR) 3:15PM NEIGHBORHOOD WALKING GROUP (Meet in Lobby. Limit 4) 7PM MOVIE NIGHT (LR)</p>
<p>14 Happy Bday Roy L.! 9:30AM CHURCH TRANSPORT 10AM HISTORY VIDEO: The Great War (AR) 11AM EXERCISE (LR) 2PM SCENIC DRIVE: Lake Elizabeth, Fremont (Meet in Lobby) 2PM MATINEE MOVIE (LR) 7PM MOVIE NIGHT (LR)</p>	<p>15 10AM BRAIN FITNESS: Word Scramble (AR) 11AM EXERCISE w/ EV (LR) 2PM VET-TO-VET CAFÉ (AR) 3PM GIANT SCRAMBLE (LR) 7PM MOVIE NIGHT (LR) TRIVIA DINNER NIGHT!</p>	<p>16 10AM RELAXATION COLORING(AR) 11AM EXERCISE (LR) 2PM CONCERT w/ Ian Scarfe (LR) 3PM ART APPRECIATION w/ Lori (AR) Deadline: August 19th RESIDENT'S ART EXHIBITION</p>	<p>17 10AM CURRENT EVENTS w/ Ken (AR) 11AM EXERCISE (LR) 2PM HEALTH & RELAXATION (AR) RESIDENT STORE (2nd FL) From 3:00pm -3:30pm 7PM MOVIE NIGHT (LR)</p>	<p>18 10AM NATURE VIDEO: The National Parks by Ken Burns (AR) 11AM EXERCISE w/ EV (LR) 2PM BINGO (AR) 3:30PM BALANCE CLASS w/ ONR (LR) 7PM MOVIE NIGHT (LR)</p>	<p>19 10AM MUSIC APPRECIATION w/ Tina (AR) 11AM EXERCISE (LR) 2:30PM RESIDENT'S MEETING (DR) WELCOMING NEW RESIDENTS HAPPY HOUR 3:00pm—4:00pm 7PM MOVIE NIGHT (LR)</p>	<p>20 9:30AM SHOPPING TRIP (Sign Up) 10AM ART & CRAFT: Flower Pressed Picture Frame (AR) 11AM EXERCISE (LR) 2PM SING ALONG (LR) 3:15PM NEIGHBORHOOD WALKING GROUP (Meet in Lobby. Limit 4) 7PM MOVIE NIGHT (LR)</p>
<p>21 9:30AM CHURCH TRANSPORT 10AM HISTORY VIDEO: The Great War (AR) 11AM EXERCISE (LR) 2PM FIELD TRIP OUTING: Los Altos History Museum (Sign Up. Limit 8) 2PM MATINEE MOVIE (LR) 7PM MOVIE NIGHT (LR)</p>	<p>22 10AM BRAIN FITNESS: Logic Trivia on iN2L (AR) 11AM EXERCISE w/ EV (LR) 2PM LUAU CONCERT w/ Peter Garellick (LR) 3PM FLOWER ARRANING for Dining Room (AR) 7PM MOVIE NIGHT (LR)</p>	<p>23 10AM RELAXATION COLORING (AR) 11AM EXERCISE (LR) 19th ANNUAL RESIDENT'S ART EXHIBITION From 1:00pm—3:00pm 2PM HORTICULTURE w/ John (AR) 3PM ART APPRECIATION w/ Lori</p>	<p>24 10AM CURRENT EVENTS w/ Ken (AR) 11AM EXERCISE (LR) 2PM HEALTH & RELAXATION (AR) RESIDENT STORE (2nd FL) From 3:00pm -3:30pm 7PM MOVIE NIGHT (LR)</p>	<p>25 10AM NATURE VIDEO: The National Parks by Ken Burns (AR) 11AM EXERCISE w/ LES (LR) 12PM MEN'S LUNCH (AR) 2PM BINGO (AR) 3:30PM BALANCE CLASS w/ ONR (LR) 7PM MOVIE NIGHT (LR)</p>	<p>26 10AM MUSIC APPRECIATION w/ Tina (AR) 11AM EXERCISE (LR) 2PM JEOPARDY w/ Jorge (AR) 3PM SHABBAT (AR) 7PM MOVIE NIGHT (LR)</p>	<p>27 9:30AM SHOPPING TRIP (Sign Up) 10AM ART & CRAFT: Abstract Painting (AR) 11AM EXERCISE (LR) 2PM SING ALONG (LR) 3:15PM NEIGHBORHOOD WALKING GROUP (Meet in Lobby. Limit 4) 7PM MOVIE NIGHT (LR)</p>
<p>28 9:30AM CHURCH TRANSPORT 10AM HISTORY VIDEO: The Great War (AR) 11AM EXERCISE (LR) 2PM SCENIC DRIVE: Woodside (Sign Up. Meet in Lobby) 2PM MATINEE MOVIE (LR) 7PM MOVIE NIGHT (LR)</p>	<p>29 Happy Bday Betsy C.! 10AM BRAIN FITNESS: A-Z Game (AR) 11AM EXERCISE w/ LES (LR) 2PM BOOK CLUB MEETING w/ Danni (AR) 2PM GIANT JENGA (LR) 3PM GARDENING w/ JENNY (CY) 7PM MOVIE NIGHT (LR) TRIVIA DINNER NIGHT!</p>	<p>30 10AM RELAXATION COLORING (AR) 11AM EXERCISE (LR) 2PM COOKING DEMO (LR) 3PM ART APPRECIATION w/ Lori (AR) GRANDPARENT'S DAY PHOTO DUE TODAY!</p>	<p>31 10AM CURRENT EVENTS w/ Ken (AR) 11AM EXERCISE (LR) 2PM HEALTH & RELAXATION (AR) RESIDENT STORE (2nd FL) From 3:00pm -3:30pm 7PM MOVIE NIGHT (LR)</p>	 <p>Stimulate Your Mind</p> <p>Motivate Your Body</p> <p>Rejuvenate Your Spirit</p>		<p>THE KEY</p> <p>LOCATIONS</p> <p>ACTIVITY ROOM (AR) LIVING ROOM (LR) DINING ROOM (DR) COURTYARD (CY) LOBBY (LOB)</p>