

# NOVEMBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p><b>ASSISTED LIVING</b></p>		<b>1</b> HAPPY BDAY DAVID W. & MAX B. 10AM RELAXATION COLORING (AR) 11AM EXERCISE (LR) 2PM THE MEXICAN TRAIN (AR) RESIDENT'S STORE OPEN 3:00PM—3:30PM (2nd FL)	<b>2</b> HAPPY BDAY MAXINE & MIKK 10AM CURRENT EVENTS w/ Ken (AR) 11AM EXERCISE (LR) 2PM HEALTH & RELAXATION w/ Lu (AR) 3PM ART APPRECIATION w/ Lori (AR) 7PM MOVIE NIGHT (AR)	<b>3</b> 10AM NATURE VIDEO: America's National Parks (AR) 11AM EXERCISE (LR) 2PM CONCERT w/ Lee Allen (LR) 3:30PM BALANCE CLASS w/ ONR (LR) 7PM MOVIE NIGHT (LR)	<b>4</b> 10AM MUSIC APPRECIATION (AR) 11AM EXERCISE (LR) 1PM LIBRARY OUTING (LOB) 2PM ASIA ART FOUNDATION PRESENTATION w/ NAN SU (AR) <div style="background-color: #d2b48c; padding: 5px; text-align: center;"> <b>HAPPY HOUR</b>              3:00PM—4:00PM           </div> 7PM MOVIE NIGHT (AR)	<b>5</b> 9:45AM SHOPPING TRIP (Sign Up) 10AM WATERCOLORS (AR) 11AM EXERCISE (LR) 2PM BINGO! (AR) 3PM SING ALONG (LR) 7PM MOVIE NIGHT (AR)
<b>6</b> 9:30AM CHURCH TRANSPORT 10AM HISTORY VIDEO: The African Americans (AR) 11AM EXERCISE (LR) 2PM SCENIC DRIVE: Los Altos 2PM MATINEE MOVIE (AR) 7PM MOVIE NIGHT (AR) <i>Daylight Saving Time Ends at 2AM SET CLOCK BACK ONE HOUR</i>	<b>7</b> 10AM BRAIN FITNESS: A—Z Game (AR) 11AM EXERCISE (LR) 12PM LUNCH OUTING: Hobbee's Restaurant (Sign Up) 2PM ART & CRAFT: Veteran's Day Necklace Making (AR) 3PM GIANT TRIOMINOES (LR) 7PM MOVIE NIGHT (AR) <b>TRIVIA DINNER NIGHT!</b>	<b>8</b> 10AM RELAXATION COLORING (AR) 11AM EXERCISE (LR) 1PM BENEFIT BOOTH w/ Noel (LR) 2PM BLACKJACK (AR) RESIDENT'S STORE OPEN 3:00PM—3:30PM (2nd FL)	<b>9</b> 10AM CURRENT EVENTS w/ Ken (AR) 11AM EXERCISE (LR) 2PM HEALTH & RELAXATION w/ Lu (AR) 3PM ART APPRECIATION w/ Lori (AR) 7PM MOVIE NIGHT (AR)	<b>10</b> 10AM NATURE VIDEO: America's National Parks (AR) 11AM EXERCISE (LR) 2PM VETERAN'S DAY PINNING CEREMONY w/ Dawn (LR) 3:30PM BALANCE CLASS w/ ONR (LR) 7PM MOVIE NIGHT (LR)	<b>11 VETERAN'S DAY</b> 10AM MUSIC APPRECIATION w/ Tina (AR) 11AM EXERCISE (LR) 2PM VETERAN'S DAY CONCERT w/ Johnny Fabulous (LR) 3PM JEOPARDY (AR) 7PM MOVIE NIGHT (AR)	<b>12</b> 9:45AM SHOPPING TRIP (Sign Up) 10AM WATERCOLORS (AR) 11AM EXERCISE (LR) 2PM BINGO! (AR) 3PM SING ALONG (LR) 7PM MOVIE NIGHT (AR)
<b>13</b> 9:30AM CHURCH TRANSPORT 10AM HISTORY VIDEO: The African Americans (AR) 11AM EXERCISE (LR) 2PM PIANO RECITAL with Af-saneh Marandi (LR) 3PM SHORT WALK (Sign Up) 7PM MOVIE NIGHT (AR)	<b>14</b> 10AM BRAIN FITNESS: Thanksgiving Trivia Challenge (AR) 11AM EXERCISE (LR) 2PM BIRTHDAY CONCERT w/ HOOT N HOLLER (LR) 3PM FLOWER ARRANGING (AR) 7PM MOVIE NIGHT (AR)	<b>15</b> 10AM SPIRITCARE SERVICE with Marilyn (LR) 11AM EXERCISE (LR) 1PM DRUGSTORE OUTING: CVS 2:30PM PHOTOGRAPHY TALKS w/ Joan Sparks (AR) RESIDENT'S STORE OPEN 3:00PM—3:30PM (2nd FL)	<b>16</b> 10AM CURRENT EVENTS w/ Ken (AR) 11AM EXERCISE (LR) 2PM HEALTH & RELAXATION w/ Lu (AR) 3PM ART APPRECIATION w/ Lori (AR) 7PM MOVIE NIGHT (AR)	<b>17</b> 10AM NATURE VIDEO: America's National Parks (AR) 11AM EXERCISE (LR) 12PM MEN'S LUNCH (AR) 2PM ART & CRAFT: Fall Wreath 3PM BLACKJACK (AR) 7PM MOVIE NIGHT (LR)	<b>18</b> 10AM MUSIC APPRECIATION w/ Tina (AR) 11AM EXERCISE (LR) 2:30PM RESIDENT'S MEETING (DR) <div style="background-color: #d2b48c; padding: 5px; text-align: center;"> <b>HAPPY HOUR</b>              3:00PM—4:00PM           </div> 7PM MOVIE NIGHT (AR)	<b>19</b> 9:45AM SHOPPING TRIP (Sign Up) 10AM WATERCOLORS (AR) 11AM EXERCISE (LR) 2PM PIANO RECITAL w/ Selena & Students (LR) 3PM BINGO! (AR) 7PM MOVIE NIGHT (AR)
<b>20</b> 9:30AM CHURCH TRANSPORT 10AM HISTORY VIDEO: The African Americans (AR) 11AM EXERCISE (LR) 2PM FIELD TRIP OUTING: Cantor Art Museum, Stanford (Sign Up) 2PM MATINEE MOVIE (AR) 7PM MOVIE NIGHT (AR)	<b>21</b> 10AM BRAIN FITNESS: Thanksgiving Word Mining (AR) 11AM EXERCISE (LR) 2PM THANKSGIVING CONCERT w/ Lara Garner (LR) 3PM ART & CRAFT: Turkey Craft 7PM MOVIE NIGHT (AR) <b>TRIVIA DINNER NIGHT!</b>	<b>22</b> HAPPY BDAY CHARLES W. 10AM RELAXATION COLORING (AR) 11AM EXERCISE (LR) 2PM HORTICULTURE w/ John (AR) RESIDENT'S STORE OPEN 3:00PM—3:30PM (2nd FL)	<b>23</b> 10AM CURRENT EVENTS w/ Ken (AR) 11AM EXERCISE (LR) 2PM HEALTH & RELAXATION w/ Lu (AR) 3PM ART APPRECIATION w/ Lori (AR) 7PM MOVIE NIGHT (AR)	<b>24 THANKSGIVING</b> 10AM NATURE VIDEO: America's National Parks (AR) 11AM EXERCISE (LR) 2PM BAKING GROUP: Bacon Wrapped Dates (AR) 3PM MATINEE MOVIE (AR) 7PM MOVIE NIGHT (LR)	<b>25</b> 10AM MUSIC APPRECIATION w/ Tina (AR) 11AM EXERCISE (LR) 2PM SHABBAT (AR) 3PM SHORT WALK (Sign Up) 7PM MOVIE NIGHT (AR)	<b>26</b> 9:45AM SHOPPING TRIP (Sign Up) 10AM WATERCOLORS (AR) 11AM EXERCISE (LR) 2PM BINGO! (AR) 3PM SING ALONG (LR) 7PM MOVIE NIGHT (AR)
<b>27</b> 9:30AM CHURCH TRANSPORT 10AM HISTORY VIDEO: The African Americans (AR) 11AM EXERCISE (LR) 2PM MATINEE MOVIE (AR) 7PM MOVIE NIGHT (AR)	<b>28</b> 10AM BRAIN FITNESS: Thanksgiving Word Scramble (AR) 11AM EXERCISE (LR) 2PM BOOK CLUB (AR) 3PM FLOWER ARRANGING (AR) 7PM MOVIE NIGHT (AR)	<b>29</b> 10AM RELAXATION COLORING (AR) 11AM EXERCISE (LR) 2PM CONCERT w/ Ian Scarfe (LR) RESIDENT'S STORE OPEN 3:00PM—3:30PM (2nd FL)	<b>30</b> 10AM CURRENT EVENTS w/ Ken (AR) 11AM EXERCISE (LR) 2PM HEALTH & RELAXATION w/ Lu (AR) 3PM ART APPRECIATION w/ Lori (AR) 7PM MOVIE NIGHT (AR)	 <div style="border: 1px solid black; padding: 10px; background-color: white;"> <p><b>THE KEY</b></p> <p><b>LOCATIONS</b></p> <p>ACTIVITY ROOM (AR)            LIVING ROOM (LR)            DINING ROOM (DR)            COURTYARD (CY)</p> </div>		 <i>Stimulate Your Mind</i>
					 <i>Motivate Your Body</i>	
					 <i>Rejuvenate Your Spirit</i>	